



## Remembrance Day

*Rev. Lara Cowtan*

[Live streamed](#) from the UCV Sanctuary – **November 8, 2020**



**Sunday, November 8, 2020**

**Remembrance Day**

*Rev. Lara Cowtan*

Holding and honouring the sacrifices of wars of the past and the complexities of today. Recognizing that this week, following whatever the outcome of the U.S. election is, will be one of great uncertainty and emotion, UCV will be a place of community & healing.

Live stream link: <https://ucv.im/live>

---



**Fall COVID-19 Updates**

We have released our Fall 2020 Go-Slowly-Forward Plan. Notable changes include:

- We have increased rental capacity for the Hewett Centre (main hall area only) from 10 to 15 guests
- The Sanctuary is now available for rentals with a maximum of 25 guests and 5 staff – choir loft remains Staff Only
- Masks are now mandatory for all indoor activities
- All windows and doors **MUST** remain open during indoor activities
- Worship services will continue to be online, live streaming only

To read the full plan and policy, including booking procedures, please see the full [Go Slowly Forward Plan](#). **Please note:** All gatherings must be booked ahead of time through Marcus Hynes by emailing [info@vancouverunitarians.ca](mailto:info@vancouverunitarians.ca)

# Parents, Children, and Youth

How to continue feeling connected and renewed in this virtual pandemic time? The Children and Youth Religious Exploration team has programs and ideas in the works—The list below is all of our regular drop-in virtual connections with Zoom ongoing this Fall.

Please contact Director of Religious Exploration, Kiersten Moore, to be notified about in-person outdoor meetups and special programs: [dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca)

## Holding connection space for kids and youth requires adult support!

Please visit the website to learn how you can be an adult member of our Family Ministry team. There are both large and small roles to fill: <https://vancouverunitarians.ca/cyre-volunteer/>  
Fill out the form to “line up outside Kiersten’s door”: [ucv.im/RE-volunteer](http://ucv.im/RE-volunteer)

## Online Connection Spaces

**Coffee Hour Breakout rooms: Sundays 12:00—1:00 pm** [ucv.im/coffee](http://ucv.im/coffee)

Weekly all-ages breakout room for kid-centered space led by member volunteers: see friends, check-in and play games. Or join any other conversation group!

**Children’s activity and check-in: Sundays 10:20—10:50 am** [ucv.im/kids-zoom](http://ucv.im/kids-zoom)

Beginning September 13<sup>th</sup>, Nan and Mairy co-host this time specifically for children ages 5-9 (any age welcome). Activity or story ties in to our Soul Matters theme of the month. See each other, share a story and a simple activity or craft that we can do together at home.

**Tween’s Ukelele Social: Sundays 3:30 – 4:30 pm** [ucv.im/tween-zoom](http://ucv.im/tween-zoom)

Kids in grades 5-7 (ages 10-12), learn to play ukulele (instruments loaned from UCV), hang-out together with games and activities based on our monthly Soul Matters Theme. Drop in any Sunday and get a registration link.

**Youth Group! Sundays 3:00—5:00 pm** [ucv.im/youth-zoom](http://ucv.im/youth-zoom)

High School Youth meet to share, explore, come up with distant game time, and generally connect. Drop-in any Sunday—from near and far.

**Youth Dungeons and Dragons: Wednesdays 7:00—9:00 pm** [ucv.im/youthDnD](http://ucv.im/youthDnD)

Exactly what you might think; an ongoing D&D campaign led by one of our youth, supported by adult advisors who are also in on the campaign. Youth-centered, multi-gen, role-playing fun. Contact [Olivia Hall](#) for more information, new characters are welcome to join.

If you would like resources for Unitarian-centered family time and activities to do with your children let me know using this form: <https://vancouver.breezechms.com/form/Sabbath-at-Home>

# Celebration of Worship: November 8, 2020

<b>Prelude</b>	<i>Intermezzo op. 117 no. 1</i>	Brahms / arr. ED Performed by Minjee Yoon, Cello, Elliott Dainow, Piano
<b>Welcome</b>		Mairy Beam
<b>Kindling the Chalice Flame</b>		Rev. Lara Cowtan
<b>Opening Words</b>		Lt. Nicole McKay
<b>Invocation</b>	Hashiveinu*	Chalice Choir Leads
<b>Story for All Ages</b>	<i>A Bear in War</i>	By Stephanie Innes Read by Rev. Lara Cowtan
<b>Community Candle Lighting</b>		Laureen Stokes
<b>Pastoral Prayer and Silence</b>		Rev. Lara Cowtan
<b>Offering:</b> <i>We deeply appreciate your presence here, your offerings and the gifts you share.</i>	<i>Balm in Gilead</i>	Trad. / Arr. Elliott Dainow Performed by Minjee Yoon & Elliott Dainow

We continue to support the work of this congregation and our outreach opportunities recipient through an online offering. You may use **text-to-give** now (Simply text an amount to 778-771-1707 to get started today, or visit <http://ucv.im/give> for more information!) or **donate online** through our secure Breeze interface.

**Affirmation of Gratitude** Rev. Lara Cowtan

## In Memoriam: Remembrance Day

Read by Rev. Lara Cowtan, Mary Lage, Elliott Dainow, Jenny & Christian Malcolm

---

### Why Remember? \*\*

**For the Fallen** – Laurence Binyon

**The Battle Field** – Emily Dickinson

**The Inquisitive Mind of a Child** – Author unknown

**Silent meditation...**

**Musical Response** *Adagio Cantabile* Beethoven / arr. ED  
Performed by Minjee Yoon & Elliott Dainow

---

## **The First World War, 1914 – 1918 \*\***

**In Flanders Fields** – Lieutenant Colonel John McRae

**The Soldier's Rest** – Sir Walter Scott

**Silent meditation...**

**Musical Response**

*Allemande (from Suite #1)*

Bach

Performed by Minjee Yoon

---

## **The Second World War, 1939 – 1945 \*\***

**High Flight** – Office John G. Magee, Jr.

**War Baby** – Pamela Holmes

**Psalm 122** – Trans. By Stephen Mitchell

**Silent meditation...**

**Musical Response**

*Benedictus (from 'Mass for Peace')* Karl Jenkins / arr. Elliott Dainow

Performed by Minjee Yoon & Elliott Dainow

---

## **Korean War and Peacekeeping \*\***

**The Glories of Peace** – Micah 4:3

**Nocturnal Visits** – Claribel Alegria

**It is Possible to Live in Peace** – Mohandas K. Gandhi

**Silent meditation...**

---

**Closing Hymn**

*Just As Long As I Have Breath*

Chalice Choir Leads

**Benediction & Extinguishing the Chalice Flame**

Rev. Lara Cowtan

**Announcements**

Mairy Beam

**Valediction**

*Carry the flame of peace and love, until we meet again  
Carry the flame of peace and love, until we meet again*

*\*Hashiveinu means 'return us' in Hebrew. It is a petitionary prayer to be able to lie down in peace at night and to return to life the following day.*

*\*\*A Day of Remembrance, booklet produced by Veterans Affairs Canada, 2005.*

## **UCV COMMUNITY EVENTS**

**A LIVING LIST OF ESSENTIAL LINKS:** The following is a condensed list of UCV community links:

- <https://ucv.im/live>: Live stream link for Sunday church services (active at 10:55am each Sunday morning)
- <https://ucv.im/order-of-service>: View an online version of the current Order of Service
- <https://ucv.im/coffee>: Virtual coffee hour – every Sunday immediately following the service
- <https://ucv.im/give>: Instructions on how to make a donation/gift
- <https://ucv.im/events>: The most frequently updated list of UCV events
- <https://ucv.im/sermons>: A text-based archive of past services/sermons
- <https://ucv.im/core-documents>: An online repository for important UCV documents such as board minutes, annual reports, and so forth.

*Many of our community gatherings have moved online. For a complete list of upcoming events, please visit <https://ucv.im/events>. If you would like to add your zoom event to the list please contact Marie Witt at [communications@vancouverunitarians.ca](mailto:communications@vancouverunitarians.ca)*

**THE UCV ANNUAL GENERAL MEETING** takes place via Zoom on Sunday, November 15, from 12:30 to 2:30 pm (sign-in at 12 noon). Please mark this very important meeting in your calendar! The agenda will include the annual reports from the Board of Trustees and Minister; audited financial reports; the election for the Board of Trustees, and much more. Please visit <https://ucv.im/agm2020> for more information or to register.

**LET PEACE BE THEIR MEMORIAL:** A Remembrance Day ceremony with songs, poetry and wreath laying for the many overlooked victims of conflict. Created by Vancouver Peace Poppies, hosted by Vancouver Unitarians, livestreamed November 11th at 7pm from our sanctuary.

Poppies are available in the Hewett Hall on November 1 and 8 from 1 to 3 pm. Pick one up when you come by to add your reflections to the History Wall. Or pick up 5 or 10 to re-sell or give to others. Any questions? Contact [socialjustice@vancouverunitarians.ca](mailto:socialjustice@vancouverunitarians.ca)



**UCV CONGREGATIONAL HISTORY WALL:** The wall in Hewett Centre is building note by note, story by story, picture by picture. What would you like to contribute -memories, photos, anecdotes? To learn more and to book a COVID-19 friendly session please visit <https://vancouverunitarians.ca/our-ucv-congregational-history-wall/>.

Do you have questions or comments about our Congregational History Walls project? Join a member of the Ministerial Transitions Team during coffee hour after today's service. Go to the coffee hour after the service ends ([ucv.im/coffee](https://ucv.im/coffee)) and ask for the History Wall breakout room. See you there!

**UCV STORIES: ONLINE HISTORY WALL!** Are you interested in UCV history, photos, stories or design? In community and congregation building? Or perhaps even in a touch of scandal?

We invite you to collaborate on the building of an online history of UCV. It will be a mixture of text, images, videos and anything else that congregants share coordinated with our physical wall in Hewett Hall. Like the other wall, it will be managed by volunteers working with the Ministerial Transition Team.

Minimal technical skills are needed! We will use a very friendly website to collect contributions and each person can contribute to the level of their technological comfort. Please send an email to [paul@prescod.net](mailto:paul@prescod.net) to join the contributors group. Our first online meeting will be November 8 at 12:30 PM.

**GREETING CARD FUNDRAISER FOR UCV REFUGEE FUND: *20th Century Fashion Details*.** These distinctive greeting cards (blank inside) feature exquisite details of items from the collections of fashion historians Ivan Sayers and Claus Jahnke. They are ideal for writing notes to family members and friends you aren't able to see in person during these extraordinary times. \$27.00/ set of five different cards (includes Canadian shipping) All profits for the Refugee Fund of the Unitarian Church of Vancouver. Place your order at: <https://ucv.im/refugee-fundraiser>



**IRREPARABLE HARM? A TALE OF TRANS MOUNTAIN RESISTANCE** will be performed at the Vancouver Fringe from Oct 29 to Nov 7. Tickets are available at [www.vancouverfringe.com](http://www.vancouverfringe.com). Mairy Beam is the playwright; Karl Perrin plays the judge, and Vivian Davidson portrays several activists.

**2ND SUNDAY BOOK CLUB:** Hello fellow readers, Our next book is the *Elegance of a Hedgehog* by Muriel Barbery. Do not be put off by the strange title, but be prepared for a very holistic discussion about all that encompasses our lives both negatively and positively. Get ready for a lively discussion with our Sunday group. Please join us on November 8; you will be a positive addition. - Donna May Webb (the presenter)

**RECURRING ZOOM GATHERINGS:** All the gatherings listed at [vancouverunitarians.ca/zoom-gatherings](http://vancouverunitarians.ca/zoom-gatherings).

- Virtual coffee hour; Sundays at 12 pm: <https://ucv.im/coffee>
- Neighbourhood group connections; 1<sup>st</sup> Tuesdays at 7:30 pm: <https://ucv.im/neighbourhoods>
- Zoom practice sessions; 1<sup>st</sup> Tuesdays from 4 – 5 pm: <https://www.ucv.im/zoom>

## **UCV COMMUNITY ACCOUNCEMENTS**

**THE TRANSITION TEAM** is working with the staff and leadership to review the various roles and structures of UCV's ongoing staffing needs to plan for the future. In the short term, we ask for the patience and support of members as changes in our office may impact response time for administrative requests. We are blessed with amazing and motivated staff.

**OUTREACH OPPORTUNITIES FUND:** The OOF recipient for this Sunday's collection is The Treehouse Vancouver Child and Youth Advocacy Centre which has formed a multi-disciplinary team to intervene in and prevent child abuse and violence. The team comprises staff from VPD and three child and youth care agencies. Its' programs and services build networks and community support systems that promote safe and sustainable environments for children, youth and their families. A critical goal of the centre is to raise awareness of child abuse in Vancouver.

**THE LIBRARY COMMITTEE** is looking for a donation of metal shelving for the storage of book sale books. If anyone is able to donate shelves to us, please email [davidfbuchanan@gmail.com](mailto:davidfbuchanan@gmail.com).

**CLOSURE OF OAK STREET PARKING LOT ENTRANCE:** For safety reasons, the Oak Street entrance to the UCV Parking lot will be closed indefinitely, starting August 15th. The Fremlin Street entrance will be the only access to the parking lot.

**A NOTE FROM CARE & CONCERN:** Some of life's challenges are pretty manageable. Others leave us feeling very alone and overwhelmed, or demand great contemplation. Our Care and Concern volunteers work closely with our minister to support members and friends who are in times of transition and need. We are here if you need a tender heart in a moment of sorrow, happy cheer in a moment of joy; a meal or a ride in a moment of need; or personal support in difficult circumstances such as: grief, illness, marital changes, isolation, etc. Contact Care & Concern ([careandconcern@vancouverunitarians.ca](mailto:careandconcern@vancouverunitarians.ca)) or Rev. Lara Cowtan (604-261-7204, x.223 / [rev.lara@vancouverunitarians.ca](mailto:rev.lara@vancouverunitarians.ca))

## **OUTSIDE ANNOUNCEMENTS & EVENTS**

**'LIVING LEGACIES' VIRTUAL INTERFAITH FORUM AND CALENDAR LAUNCH:**  
The Multifaith Action Society, a longtime tenant of UCV's, is convening a virtual interfaith forum and calendar launch celebration event on Saturday, November 28, from 1 – 4 pm via Zoom. Featuring keynote remarks from the Three Interfaith Amigos – Imam Jamal Rahman, Pastor Don Mackenzie and Rabbi Ted Falcon – as well as music from Bruce and Cheryl Harding and Amarjeet Singh. For more information or to pre-register, visit [www.multifaithaction.org](http://www.multifaithaction.org).



## **Next Sunday Service: November 15, 2020**

### **CUC National Worship Service: *Sailing Ahead***

**\*\* Please note the earlier time: this service starts at 10:00 am! \*\***

**THANK YOU TO THE SUPPORT TEAM TODAY:**

---

**SOUND & LIVE STREAM TECH  
CARETAKER(S)**

Galen Elfert, Christian Malcolm  
Paul Nash





We actively welcome people of all sexual orientations and gender identities!

## **Our Vision**

*Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.*

## **Living Our Vision**

*As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.*

## **MINISTER AND STAFF**

**INTERIM MINISTER**

Rev. Lara Cowtan

**DIRECTOR OF RELIGIOUS EDUCATION**

Kiersten Moore

**CHOIR DIRECTOR**

Donna Brown

**MUSIC DIRECTOR**

Elliott Dainow

**CARETAKERS**

Ben Yeung, Paul Nash, Karen Hertz,

Taka Shimojima, Vivian Davidson, Sam Shenher

**YOUTH COORDINATOR**

Olivia Hall

**OFFICE COORDINATOR/ ORDER OF SERVICE**

Marcus Hynes

**BOOKKEEPER**

Gordon Lowe

**LAY CHAPLAINS**

Laureen Stokes, Cheryl Amundsen,

Louise Bunn

**Regular Office Hours:** Monday to Thursday, 9:30 am to 2 pm

**Telephone:** 604-261-7204

**Email:** [info@vancouverunitarians.ca](mailto:info@vancouverunitarians.ca) | **Web:** [www.vancouverunitarians.ca](http://www.vancouverunitarians.ca)

**Facebook:** [facebook.com/vancouverunitarians](https://facebook.com/vancouverunitarians) | **Instagram:** [instagram.com/vancouverunitarian](https://instagram.com/vancouverunitarian)

*There is a new monthly e-bulletin! If you've signed up for our newsletters previously, you will automatically receive the new e-bulletin, but if not please go to [vancouverunitarians.ca/e-bulletin/](http://vancouverunitarians.ca/e-bulletin/) to sign up or visit [ucv.im/newsletter](http://ucv.im/newsletter) to see the latest copy.*