

*(Top row, L-R: William Carlos Williams, John Haynes Holmes, Margaret Benedictsson
Bottom row, L-R: Jadwiga Sienienska, Sheilah Thompson)*

Encountering Our Ancestors

Rev. Lara Cowtan (and special guests from the past!)

[Live streamed](#) from the UCV Sanctuary – **November 1, 2020**



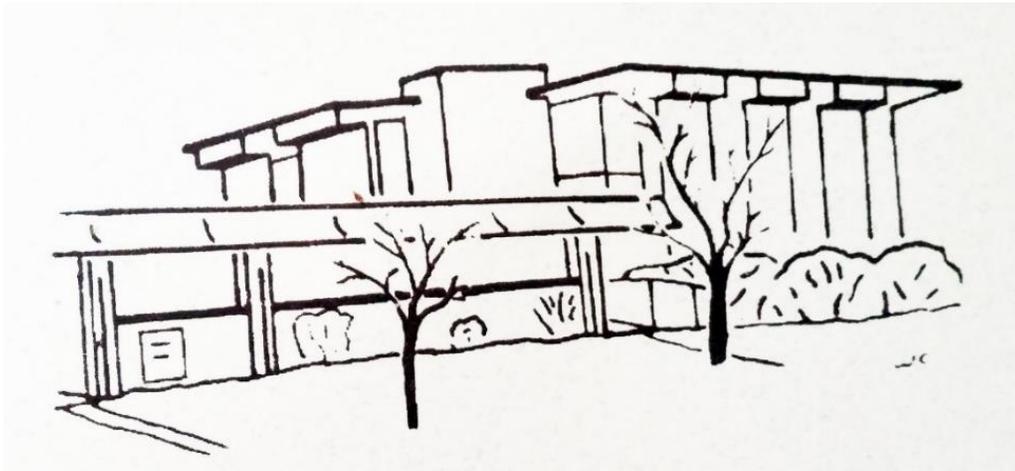
Sunday, November 1, 2020

Encountering Our Ancestors

Rev. Lara Cowtan

We celebrate Saimhain and call on voices of UU ancestors for wisdom and guidance in these challenging times. An intergenerational worship service.

Live stream link: <https://ucv.im/live>



Fall COVID-19 Updates

We have released our Fall 2020 Go-Slowly-Forward Plan. Notable changes include:

- We have increased rental capacity for the Hewett Centre (main hall area only) from 10 to 15 guests
- The Sanctuary is now available for rentals with a maximum of 25 guests and 5 staff – choir loft remains Staff Only
- Masks are now mandatory for all indoor activities
- All windows and doors **MUST** remain open during indoor activities
- Worship services will continue to be online, live streaming only

To read the full plan and policy, including booking procedures, please see the full [Go Slowly Forward Plan](#). **Please note:** All gatherings must be booked ahead of time through Marcus Hynes by emailing info@vancouverunitarians.ca

Parents, Children, and Youth

How to continue feeling connected and renewed in this virtual pandemic time? The Children and Youth Religious Exploration team has programs and ideas in the works—The list below is all of our regular drop-in virtual connections with Zoom ongoing this Fall.

Please contact Director of Religious Exploration, Kiersten Moore, to be notified about in-person outdoor meetups and special programs: dre@vancouverunitarians.ca

Holding connection space for kids and youth requires adult support!

Please visit the website to learn how you can be an adult member of our Family Ministry team. There are both large and small roles to fill: <https://vancouverunitarians.ca/cyre-volunteer/>
Fill out the form to “line up outside Kiersten’s door”: ucv.im/RE-volunteer

Online Connection Spaces

Coffee Hour Breakout rooms: Sundays 12:00—1:00 pm ucv.im/coffee

Weekly all-ages breakout room for kid-centered space led by member volunteers: see friends, check-in and play games. Or join any other conversation group!

Children’s activity and check-in: Sundays 10:20—10:50 am ucv.im/kids-zoom

Beginning September 13th, Nan and Mairy co-host this time specifically for children ages 5-9 (any age welcome). Activity or story ties in to our Soul Matters theme of the month. See each other, share a story and a simple activity or craft that we can do together at home.

Tween’s Ukelele Social: Sundays 3:30 – 4:30 pm ucv.im/tween-zoom

Kids in grades 5-7 (ages 10-12), learn to play ukulele (instruments loaned from UCV), hang-out together with games and activities based on our monthly Soul Matters Theme. Drop in any Sunday and get a registration link.

Youth Group! Sundays 3:00—5:00 pm ucv.im/youth-zoom

High School Youth meet to share, explore, come up with distant game time, and generally connect. Drop-in any Sunday—from near and far.

Youth Dungeons and Dragons: Wednesdays 7:00—9:00 pm ucv.im/youthDnD

Exactly what you might think; an ongoing D&D campaign led by one of our youth, supported by adult advisors who are also in on the campaign. Youth-centered, multi-gen, role-playing fun. Contact [Olivia Hall](#) for more information, new characters are welcome to join.

If you would like resources for Unitarian-centered family time and activities to do with your children let me know using this form: <https://vancouver.breezechms.com/form/Sabbath-at-Home>

Celebration of Worship: November 1, 2020

Prelude	<i>Impromptu</i>	“Chopin” / Rosemary Brown* Elliott Dainow, piano
Invocation	<i>Spirit of Life</i>	Members of the Chalice Choir
Welcome, Greetings & Offering Words		Sheila Resels
Kindling the Chalice Flame		UCV Families
Opening Words		Rev. Lara Cowtan
Opening Hymn	#125: <i>From the Crush of Wealth & Power</i>	Chalice Choir leads
Story for All Ages	<i>Grandmother Fish</i>	By Jonathan Tweet, Illustrated by Karen Lewis Read by Kiersten Moore
Community Candle Lighting		Lauren Stokes
Samhain Invocation		Mary Bennett and Rose Chernoff
Musical Response	<i>This Land of Bursting Sunrise (Hymn #82)</i>	D. Hurd / J.H. Holmes** Elliott Dainow, piano and voice
Homily	<i>Encountering Our Ancestors</i>	Rev. Lara Cowtan & Voices of our Ancestors
Closing Hymn	#1051: <i>We Are...</i>	Chalice Choir Leads
Affirmation of Gratitude		
Closing Words & Extinguishing the Chalice Flame		Sheilah Thompson
Valediction	<i>Carry the flame of peace and love, until we meet again Carry the flame of peace and love, until we meet again</i>	

We continue to support the work of this congregation and our outreach opportunities recipient through an online offering. You may use **text-to-give** now (Simply text an amount to 778-771-1707 to get started today, or visit <http://ucv.im/give> for more information!) or [donate online](#) through our secure Breeze interface.

* Rosemary Brown claimed that some of the great composers dictated music to her, so it is fitting at this time of year when the veil between the living and dead is said to be thinnest, to play some of the music she supposedly transcribed.

** John Haynes Holmes is one of our "visitors" today and he wrote the text for this hymn.

ANCESTORS

- **William Carlos Williams**, doctor & poet, 1883-1963
- **John Haynes Holmes**, minister & pacifist, 1879-1964
- **Margaret Benedictsson**, Canadian publisher & women's rights activist, 1866-1956
- **Jadwiga Sienienska**, Polish Unitarian, late 16th – early 17th centuries
- **Sheilah Thompson**, UCV President, 1984, CUC and UUA Board Member

UCV COMMUNITY EVENTS

A LIVING LIST OF ESSENTIAL LINKS: The following is a condensed list of UCV community links:

- <https://ucv.im/live>: Live stream link for Sunday church services (active at 10:55am each Sunday morning)
- <https://ucv.im/order-of-service>: View an online version of the current Order of Service
- <https://ucv.im/coffee>: Virtual coffee hour – every Sunday immediately following the service
- <https://ucv.im/give>: Instructions on how to make a donation/gift
- <https://ucv.im/events>: The most frequently updated list of UCV events
- <https://ucv.im/sermons>: A text-based archive of past services/sermons
- <https://ucv.im/core-documents>: An online repository for important UCV documents such as board minutes, annual reports, and so forth.

Many of our community gatherings have moved online. For a complete list of upcoming events, please visit <https://ucv.im/events>. If you would like to add your zoom event to the list please contact Marie Witt at communications@vancouverunitarians.ca

ACTION EVENINGS: Wednesday, Nov. 4, 7:00 pm - 8:00 pm. [Action Evenings - Permaculture and Compost](#)
Michael Bomford will give an overview of what Permaculture means, how we might adopt principles of permaculture for our UCV site as well as our own homes. 'Tis the season for dried leaves, mulching, composting to regenerate the soil for the coming growing season and protect plants over the winter....

LET PEACE BE THEIR MEMORIAL: A Remembrance Day ceremony with songs, poetry and wreath laying for the many overlooked victims of conflict. Created by Vancouver Peace Poppies, hosted by Vancouver Unitarians, livestreamed November 11th at 7pm from our sanctuary.

UCV CONGREGATIONAL HISTORY WALL: The wall in Hewett Centre is building note by note, story by story, picture by picture. What would you like to contribute -memories, photos, anecdotes? To learn more and to book a COVID-19 friendly session please visit <https://vancouverunitarians.ca/our-ucv-congregational-history-wall/>.

Do you have questions or comments about our Congregational History Walls project? Join a member of the Ministerial Transitions Team during coffee hour after today's service. Go to the coffee hour after the service ends (ucv.im/coffee) and ask for the History Wall breakout room. See you there!



WHITE POPPIES ARE AVAILABLE: At Hewett Hall Sundays November 1 and 8 from 1 to 3pm. Pick one up when you come by to add your reflections to the History Wall. Or pick up 5 or 10 to re-sell or give to others. Any questions? <socialjustice@vancouverunitarians.ca>

UCV STORIES: ONLINE HISTORY WALL! Are you interested in UCV history, photos, stories or design? In community and congregation building? Or perhaps even in a touch of scandal?

We invite you to collaborate on the building of an online history of UCV. It will be a mixture of text, images, videos and anything else that congregants share coordinated with our physical wall in Hewett Hall. Like the other wall, it will be managed by volunteers working with the Ministerial Transition Team.

Minimal technical skills are needed! We will use a very friendly website to collect contributions and each person can contribute to the level of their technological comfort. Please send an email to paul@prescod.net to join the contributors group. Our first online meeting will be November 8 at 12:30 PM.

GREETING CARD FUNDRAISER FOR UCV REFUGEE FUND: 20th Century Fashion Details. These distinctive greeting cards (blank inside) feature exquisite details of items from the collections of fashion historians Ivan Sayers and Claus Jahnke. They are ideal for writing notes to family members and friends you aren't able to see in person during these extraordinary times. \$27.00/ set of five different cards (includes Canadian shipping) All profits for the Refugee Fund of the Unitarian Church of Vancouver. Place your order at: <https://ucv.im/refugee-fundraiser>



ACTION EVENINGS: Wednesday October 28, 7 to 8 pm, on Zoom: ucv.im/action-evenings. Is Canada on the verge of developing the political will to end homelessness? Barry Grove, long time housing activist and former Red Cross disaster response manager is our guest speaker. Bring your questions!

MORNING MEDITATION: Rev. Lara Cowtan invites you to join her for a brief meditation practice 9-9:15am, Tuesday-Fridays. <https://meet.ucv.im/morningmeditation>

IRREPARABLE HARM? A TALE OF TRANS MOUNTAIN RESISTANCE will be performed at the Vancouver Fringe from Oct 29 to Nov 7. Tickets are available at www.vancouverfringe.com. Mairy Beam is the playwright; Karl Perrin plays the judge, and Vivian Davidson portrays several activists.

2ND SUNDAY BOOK CLUB: Hello fellow readers, Our next book is the *Elegance of a Hedgehog* by Muriel Barbery. Do not be put off by the strange title, but be prepared for a very holistic discussion about all that encompasses our lives both negatively and positively. Get ready for a lively discussion with our Sunday group. Please join us; you will be a positive addition. - Donna May Webb (the presenter)

RECURRING ZOOM GATHERINGS: All the gatherings listed at vancouverunitarians.ca/zoom-gatherings.

- Virtual coffee hour; Sundays at 12 pm: <https://ucv.im/coffee>
- Neighbourhood group connections; 1st Tuesdays at 7:30 pm: <https://ucv.im/neighbourhoods>
- Zoom practice sessions; 1st Tuesdays from 4 – 5 pm: <https://www.ucv.im/zoom>

UCV COMMUNITY ACCOUNCEMENTS

ATTN: COMMITTEE CHAIRS – REPORTS ARE COMING DUE! All committee chairs are asked to please submit their annual reports to Marcus (marcus@vancouverunitarians.ca) by October 31, 2020 for presentation at the November 15 AGM.

THE TRANSITION TEAM is working with the staff and leadership to review the various roles and structures of UCV's ongoing staffing needs to plan for the future. In the short term, we ask for the patience and support of members as changes in our office may impact response time for administrative requests. We are blessed with amazing and motivated staff.

THE LIBRARY COMMITTEE is looking for a donation of metal shelving for the storage of book sale books. If anyone is able to donate shelves to us, please email davidfbuchanan@gmail.com.

CLOSURE OF OAK STREET PARKING LOT ENTRANCE: For safety reasons, the Oak Street entrance to the UCV Parking lot will be closed indefinitely, starting August 15th. The Fremlin Street entrance will be the only access to the parking lot.

OUTREACH OPPORTUNITIES FUND: The OOF recipient for this Sunday's collection is The Treehouse Vancouver Child and Youth Advocacy Centre which has formed a multi-disciplinary team to intervene in and prevent child abuse and violence. The team comprises staff from VPD and three child and youth care agencies. Its' programs and services build networks and community support systems that promote safe and sustainable environments for children, youth and their families. A critical goal of the centre is to raise awareness of child abuse in Vancouver.

A NOTE FROM CARE & CONCERN: Some of life's challenges are pretty manageable. Others leave us feeling very alone and overwhelmed, or demand great contemplation. Our Care and Concern volunteers work closely with our minister to support members and friends who are in times of transition and need. We are here if you need a tender heart in a moment of sorrow, happy cheer in a moment of joy; a meal or a ride in a moment of need; or personal support in difficult circumstances such as: grief, illness, marital changes, isolation, etc. Contact Care & Concern (careandconcern@vancouverunitarians.ca) or Rev. Lara Cowtan (604-261-7204, x.223 / rev.lara@vancouverunitarians.ca)

Next Sunday Service: November 8, 2020

Remembrance Day

Rev. Lara Cowtan

THANK YOU TO THE SUPPORT TEAM TODAY:

**SOUND & LIVE STREAM TECH
CARETAKER(S)**

Galen Elfert, Christian Malcolm
Paul Nash



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

INTERIM MINISTER

Rev. Lara Cowtan

DIRECTOR OF RELIGIOUS EDUCATION

Kiersten Moore

CHOIR DIRECTOR

Donna Brown

MUSIC DIRECTOR

Elliott Dainow

CARETAKERS

Ben Yeung, Paul Nash, Karen Hertz,
Taka Shimojima, Vivian Davidson, Sam Shenher

YOUTH COORDINATOR

Olivia Hall

OFFICE COORDINATOR/ ORDER OF SERVICE

Marcus Hynes

BOOKKEEPER

Gordon Lowe

LAY CHAPLAINS

Laureen Stokes, Cheryl Amundsen,
Louise Bunn

Regular Office Hours: Monday to Thursday, 9:30 am to 2 pm

Telephone: 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

There is a new monthly e-bulletin! If you've signed up for our newsletters previously, you will automatically receive the new e-bulletin, but if not please go to vancouverunitarians.ca/e-bulletin/ to sign up or visit ucv.im/newsletter to see the latest copy.