



Contemplative Collage July 2018. Photo M Bennett

Worship Services

August 5

Finding My Spiritual Path

Karl Perrin

Describing our Unitarian religion often focuses on what it isn't. For me, what makes us religious is our gentle encouragement of a variety of collective and personal "spiritual" practices, broadly conceived. I'll describe some of mine, and how I grew into them. Perhaps our paths will cross.

Karl Perrin is a life-long Unitarian. He learned activism at Sunday school in Detroit, and has been an environmental activist since 1993. Currently he is helping to stop the second dilbit pipeline to Burnaby.

In 2012, he wrote an anti-pipeline divestment resolution passed by a wide majority at UCV.



August 12

Air Communion

Louise Bunn

Each year, our services include Water Communion, Flower (Earth) Communion, and Fire Communion. Join us today as we complete the cycle of the four classical elements with an Air Communion.

Come prepared to breathe.

August 19

On Toleration

Sasha Gomery

Living together in society requires a measure of toleration, but is toleration a virtue? When, if ever, should we fail to protest that which we believe is profoundly wrong?

August 26

Am I Welcome Here, Just as I Am?

Meg Roberts

Canadian Unitarians and Universalists strive to be radically inclusive of people with various social identities. Please join me to reflect on our own social identities and consider the challenges we face to be truly welcoming of others who are similar and different than we are.

Rev. Meg Roberts will be starting her seventh year as quarter-time consulting minister with the Comox Valley Unitarian Fellowship. She lives here in Vancouver, is a member of this congregation, and also does a community ministry using the arts

Thurs. August 16 7-9 pm

Fireside Room

Rhythm Meditation Workshop

Patrick Dubois

Experience a simple, playful meditative practice using a pragmatic, non-esoteric technique. I will share some self-transcending, multi-focal blissful balancing of reception and expression I've experienced as a jazz musician.. No music background required! Just come and pay attention.

Patrick Dubois is a Juno-nominated performer/composer and member of UCV. Register with office.

Every Sunday

9:15 am Chi Gong

10:00 am Meditation

10:55 am Musical Prelude

11:00 am Worship Service

Children's programs (all ages) begin after Sanctuary story time.

Coffee and conversation in Hewett Centre before and after the service.

in spiritual exploration. As part of that work last winter, she was in the BC and Alberta tour of Theatre for Living's forum play *šxʷ?amət (home)* which explored what true and honourable reconciliation between Indigenous and non-Indigenous Canadians looks like.

Summer Sunday Children's Program

Our Summer program is casual, focused on games, gardening, & art led by volunteer guides & parents, and open to members & visitors.

After Storytime, children 3-12 may join our Religious Exploration Guides in Hewett Centre for activities, games, and art. Parents of toddlers please check in at the Playroom with the Guides before the service.

UCV Events

Editor: Margo Elfert.

ucvevents@gmail.com

Layout: Ben Hechter

Proofreading: Elliott Dainow

Submission deadline: 18th of previous month
(15th for special events)

Calendar of Upcoming Events August 2018

SUMMER SCHEDULE

ON SUNDAYS

9:15 – 9:45 am	Chi Gong, Family Room
10:00 – 10:45 am	Meditation, Family Room
11:00 – 12:00 pm	Worship Services, Sanctuary
12:00 – 1:00 pm	Coffee and Conversation, Hall

ON WEDNESDAYS

10:00 – 11:30 am	Seven UU Principles, Fireside. <i>At capacity.</i>
6:30 – 7:15 pm	Meditation, Family Room
7:30 – 8:30 pm	Study Group, Family Room

EVENTS THIS MONTH

Tue. 7	9:00 am – 4:00 pm	Harry and UU Summer Theatre Camp, Unitarian Church of Vancouver
Tue. 7	6:00 – 7:00 pm	Earth Spirit Circle Monthly Gathering, Hitschmanova
Tue. 7	7:30 – 9:00 pm	Circle Dance Basics – August, Main Hall
Thu. 16	11:00 – 1:00 pm	GLAD Gathering for Labyrinth, Art and Dance, Lindsey-Priestley
Thu. 16	2:00 – 4:00 pm	Contemplative Collage, Lindsey-Priestley
Thu. 16	7:00 – 9:00 pm	Rhythm Meditation Workshop, Fireside Room
Sun. 19	12:45 – 2:15 pm	Covenant Group – 4th Sunday, Family Room
Wed. 22	10:00 am – 12:00 pm	Grounds Work Party, Main Hall
Wed. 22	12:00 – 1:30 pm	Potluck – All Welcome, Main Hall

OFF SITE

Tue. 28	2:30 – 5:00 pm	Westside Unitarians Neighbourhood Group, Kitsilano Private Home
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Contacts

Office Hours: Mon – Thu 9:30 am – 2 pm

Parish Minister

Rev. Dr. Steven Epperson

Lay Chaplains

Louise Bunn, Nan Gregory, Cheryl Amundson

BOARD OF TRUSTEES

President: Margaret Fletcher

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Members-at-Large: Emilie Adin, Mairy Beam, Cindy Cashin, Ursula Litzcke, Julia Myers, Huguette Sansonet

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quinnbrown44@gmail.com

Music Assistant: Elliott Dainow
elliottdainow@gmail.com

Caretakers: Paul Nash, Ben Yeung, Igor Santizo, Ken Godmere, Edgar Silveira, Ahmed Walwail

SUMMER FORUMS

12:30 – 1:30 Fireside Room
– All Welcome!

These will be led by Randall McKinnon. Bring along your lunch or beverage. See <http://vancouverunitarians.ca/forums>

August 5

BC Day Eve ABC Appreciating British Columbia

This forum is pot-luck. Bring a material or ethereal item to show and tell something about B.C. that you appreciate.

August 12

Summer Festivals Looking Forward, Looking Back.

What events this time of year do you anticipate and/or appreciate?

August 19

Recorded Music Take Notes and Make Votes

We will quickly pick Apple and YouTube recorded music for your immediate gratification and conversation.

August 26 – TBA

Send topic recommendation to RandallMacKInnon@yahoo.ca by August 14.

NEIGHBOURHOOD GROUPS. <http://vancouverunitarians.ca/neighbourhood-groups/> Email ucvconnect@gmail.com to be added to your neighbourhood's email list.

South Vancouver Neighbourhood Group will meet monthly for a potluck and discussion on the 3rd Thursday of each month at the home of Muriel Groves and Jack Cridland starting September 15. Come at 5:30; dinner at 6. RSVP to Jean Stanton 604-263 4492. RSVP essential as space is limited.

Westside Unitarian Neighbourhood Group meets on the 4th Tuesday 2:30 – 5pm. Now at Jeannie Corsi's house. 4311 W. 14th Ave. (wheelchair accessible). RSVP essential as space is limited. Contact Sheila Resels sresels@gmail.com

NEW: Do you live in **Fairview/False Creek** or nearby? Vivian Davidson, member of the Connect & Engage team, is spearheading a new neighbourhood group in your area. Email vdavidsonc@gmail.com with suggestions for your neighbourhood group.

Some areas have an email list and occasional gatherings. Contacts:

New Westminster: Rob Dainow rdainow@shaw.ca; East Vancouver: Mairy Beam mairyesbea@gmail.com and Paul Prescod paul@prescod.net

Richmond/South of the Fraser: Drew Lemen lemen.drew@gmail.com

Our web site has the most up-to-date and accurate event listings with additional details. <http://vancouverunitarians.ca/eventlist/>



Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.