



Air Communion

Louise Bunn & Rev. Steven Epperson

May 26, 2019



UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

TODAY AT UCV

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Meditation Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

SERMON DISCUSSION: 12:15 – 12:45 pm at a designated table in the Hall. Newcomers/regulars welcome!

SITE REDEVELOPMENT CIRCLE OF CONCERN WORKSHOP: Please join us TODAY from 12:30 to 2:30 pm in the Fireside room to share any issues or concerns you have about the current site redevelopment project and process and to explore these issues and concerns in more depth. This is a followup to the March 31 Listening Circle forum where at least 35 congregants shared their concerns, which were summarized and grouped into 8 categories of concerns. This 3 page report is available here: [<http://bit.ly/2PZibpi>] or in the sanctuary foyer on Sunday or in the office.

TRADING MEETUP & KOMBUCHA DEMO: Trade your stuff for other stuff! Cayla and Mary are organizing another mini-meetup for trading today. There will be a kombucha demo and herbs for trading (mints, chives, etc.) Zero Waste Team zerowasteucv@gmail.com tinyurl.com/bunzucv for more details. 2 – 3 pm. Weather permitting, we'll be outside.

ART SHOW: *Free to Be... Me!* This year's Children's Art Show was inspired by a project we did in March around the transgender day of visibility. They talked about what it means to be an individual and the importance of being free to express yourself and not hide who you really are. Each child had the opportunity in April to create a portrait of themselves in any way that spoke to them. Here are self-portraits of many children in our Religious Exploration program. Portraits in words, pictures, symbols, and colour. Each personal to the individual artist. I hope you enjoy this small peek into our children's creative reflection of themselves.

Families with Children, Welcome!

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information at www.vancouverunitarians.ca or email Kiersten at dre@vancouverunitarians.ca. There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

Buddy Bags with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

Nursing parents are welcome in any part of our building. If you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

Children and Youth on Sundays

Everyone begins the morning together in the sanctuary for the first 10-15 minutes of worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for worship together (nursery care is available during all-ages services), 2nd to 5th Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre.

Responsible adults must pick up children under age 9 from their classroom at 12:15 pm, Youth Group runs until 12:30 pm, older children and youth will be released to meet their families in the hall for coffee hour. You may join your child in Explorations, but we encourage giving them their own time whenever possible.

Colour Buttons Identify Teachers and Advisers

Orange: Toddler Watch—attending to babies and children under 4 within the Children's Program.

Green: Children's Program Leaders and Assistants

Yellow: Youth Advisers

Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their Buddy Bag to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

Celebration of Worship: May 26, 2019

Prelude *Handel's Water Music: Allegro, Andante, Allegretto, Minuet & Trio, Air* Performed by Edgar Bridwell, violin, & E. Dainow, piano

Opening Words/Greeting Our Neighbours Rev. Steven Epperson

Kindling the Chalice Flame Rev. Steven Epperson

Opening Hymn #361 *Enter, Rejoice, and Come In*

Outreach Opportunities Fund Recognition

Story for All Ages Read by Rev. Steven Epperson

Announcements Elisabeth Geller

Reading from the Book of Celebrations and Concerns Elisabeth Geller

Offering: *We deeply appreciate your presence here, your offerings and the gifts you share.* *Air (from Water Music)* Handel
E. Dainow, piano

Text-to-Give!

Did you know that you can now donate to UCV via text message? Simply text an amount to 778-771-1707 to get started today, or visit <http://bit.ly/2VFEWDS> for more information!

Meditation Rev. Steven Epperson

Musical Response *Air (from the Messiah)* Performed by Edgar Bridwell, violin & E. Dainow, piano

Air Communion

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Closing Hymn #352 *Find A Stillness*

Closing Words and Extinguishing the Chalice Flame Rev. Steven Epperson

Valediction

*Carry the flame of peace and love, until we meet again.
Carry the flame of peace and love, until we meet again.*

UCV COMMUNITY EVENTS

EARTH SPIRIT CIRCLE meets this Tuesday from 6 – 7 pm in Hirschmanova (and likely outdoors). We will have an herbal tea party. All welcome.

POTLUCK BOOK AND LUNCH CLUB: Coming right up on the last Thursday of May (the 30th). 11:00 am – 1:00 pm in the Fireside Room. Bring a couple of good books to recommend and some food to share. Some of us are vegan and gluten intolerant. Others aren't. No stress. Book chat, friendly conversation, eats. Drop ins are welcome.

ONLY FOUR SPOTS LEFT – RECONNECT TO LIFE (RTL): The UCV [Enviro Team](#) is hosting a 2-day Reconnecting to Life workshop led by highly skilled facilitators based on the work of eco-philosopher [Joanna Macy](#). RTL is a safe and transformative group process which has the potential to empower our activism as we work together for a sustainable future. We will draw on dialogue, ritual, contemplation, experiences in nature to explore new ways of seeing and being. Join us May 31 – June 1, 9 am – 5 pm, in Hewett Hall. Cost is \$125 (includes veg lunch). Five \$75 bursaries are available for members who cannot afford the full fee. Register now with ca@vancouverunitarians.ca.

MESSY CHURCH COFFEE HOUSE: Saturday June 1st, 5 – 8:30 pm. Coffeehouse is Back! Performers of all ages brush up your musical talent, put on your poetry-jam hat, and come take your place in the spotlight. All ages and aptitudes are welcomed to the stage. We've had 2-year-olds through octogenarians alike perform at this much anticipated and beloved event. Dinner theme is "Family Favourites." Bring a food that is a must-have at your family gatherings. Eat, sing, and be merry! Donations support our Childcare staff funds.

GENTLE CIRCLE DANCE: Next Sunday, June 2. Come and get some gentle exercise to music every 1st Sunday in the Fireside Room 2 – 3:30 pm. This time we will practice the three "link-up" dances that circle dancers all over the world will be dancing on World Circle Dance Day July 7th. RSVP appreciated. circledanceucv@gmail.com

COMMUNICATIONS WORKSHOPS: The poster-making workshop with Marcus Hynes scheduled for May 25 is being postponed until September due to low enrolment. The web page organization for teams of 2 or more: June 8, 1 – 4 pm with Luke Zukowski is nearly full. Please contact me asap if you'd like to attend. Contact sharingucv@gmail.com for details.

JOHN VOTH'S ART SOCIAL: You're invited to John Voth's home on Friday, June 7th to view his art, talk about art, share your art and almost anything. You're welcome to bring snacks or beverage to share. RSVP to ucvconnect@gmail.com. 2996 5th Ave W, Vancouver BC, V6K 1T9. All welcome. Please feel free to invite someone who might be interested (and ask them to RSVP).

CANADIAN UNITARIAN UNIVERSALIST WOMEN – TEA AND AGM: Saturday, June 8, 9:30 am – Join on Zoom. Pre-Meeting Conversation starts at 9:30 am Pacific. Cross-Canada CUUWA Check-in starts at 10:00 am. Business Meeting starts at 11:00 am Pacific. Connect by Zoom: <https://zoom.us/j/492908838>. Jo-Anne Elder-Gomes, Chair, and the CUUWA national Council. cuuwa.org

THE SECOND SUNDAY BOOK GROUP meets at 12:30 pm, June 9, in Biddle to discuss *Warlight*, by Michael Ondaatje. The work is a perceptive and poetic examination of the damage done by the making of war and the possibilities for healing and reclamation as well. Participants are asked to bring food to share and several titles for consideration in the coming season. No meeting in the summer. We gather again in September. Everyone is welcome to attend.

PRACTICING INTERACTIVE THEATRE FOR LIVING: We meet monthly to practice techniques in interactive, improvisational theatre (except during July and August). Anyone welcome! Wear comfortable clothes and be prepared for fun and insight. Next practice: Sat. June 8, 9:30am – 12:30pm Hirschmanova. RSVP to host, Rev. Meg Roberts to confirm practice, 778-870-9015 or mroberts@uuma.org.

UCV'S THIRD COMPASSION CIRCLE – 2019: Want more compassion in your world? Consider UCV's new Compassion Circles (practicing Compassionate Communication, CC) plus the Compassion Course Online 2019 from New York (receiving 52 weekly emails covering CC concepts we then practise in the Circle). The 2019 Circle's 1st session is on June 23rd, 9:30 - 10:55 am in the Fireside Room. It will thereafter meet on the 4th Sunday each month. Two sessions at 9:30 - 10:55 and 12:30 – 2 pm in the Family Room. Please contact Sheila R. at sresels@gmail.com or Cindy Cashin at cindy_returns@yahoo.com to register prior to May 31st. *Registration is required.*

UCV COMMUNITY ANNOUNCEMENTS

LOVE SOUP: Thank you very much for your great support last Sunday! Love Soup did very well, thanks to you (when we ask for help, we sure do get it!). The next and the last Love Soup of our fifth season will be on June 16. See you then!

THANK YOU TO THE CANADIAN UNITARIAN COUNCIL! I am pleased to announce that our Harry and UU Summer Theatre Camp has received a generous grant in the amount of \$3,000 from the [Canadian Unitarian Council's Sharing Our Faith Fund](#). This grant will help us hire camp staff at a fair compensation rate, provide an excellent student-counsellor ratio, and insure affordability for Vancouver families. Check out our summer camp web page at www.vancouverunitarians.ca/education/summer-camp for more details.

MR. SHARP IS BACK! Clarence Phelps is bringing his precision diamond knife-sharpening equipment to Hewett Hall on **Sunday, June 9**. On that day, bring your knives, scissors, garden shears, scythes and other bladed implements, and enjoy your cutting experiences for months to come.

THE EARTH HAS A SOUL--NATURE WRITINGS BY C.G. JUNG: We are starting a new small group on the 4th Sunday of each month 12:30-1:30 pm. Each session will focus on a chapter from this book and the process will use covenant group guidelines of check-in, sharing, deep listening (rather than debate or discussion). Leadership will rotate. Contact Mary if you want to register or learn more: earthspiritucv@gmail.com. As with covenant groups, once we reach 10 members, the group will be closed.

OPENINGS FOR 1-2 MEMBERS IN THE HUMAN RESOURCES COMMITTEE: Do you have experience and knowledge about human resources issues? Would you like to join a committed group of HR committee members? Help us contribute to making our UCV workplace a positive, satisfying experience for staff, members and the general public. Contact Sheila R., chair of the HR Committee at sresels@gmail.com.

UCV NEIGHBOURHOOD GROUPS:

- New Westminster: Rob Dainow (rdainow@shaw.ca)
- East Vancouver: Mairy Beam (mairyelesbea@gmail.com) and Paul Prescod (paul@prescod.net)
- Westside: Jeannie Corsi & Sheila Resels – contact ucvconnect@gmail.com
- Fairview/False Creek – Vivian Davidson (vdavidsonsc@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours.

WHERE IS THE PHONE NUMBER? If a printed announcement, a poster, or some other document doesn't include a phone number to call to find out more and you don't do email or whatever, just call the office – (604) 261-7204 – and ask for me to call you back. — George Atherton

OUTREACH OPPORTUNITIES FUND: West Coast Environmental Law (WCEL) will be the recipient of OOF funding from 1 February to the end of May. Over the years, WCEL has worked with communities, NGOs, the private sector and all levels of government to develop legal solutions to protect the environment. It has supported First Nations in articulating, revitalizing and applying their laws to protect land, air and water and has taken a leadership role in developing models for co-governance in BC and Canada.

UCV CARE AND CONCERN COMMITTEE

A way to reach out in time of need: If you or others in the congregation are in need of support in times of transition, loss, illness, moving, etc., please contact: careandconcern@vancouverunitarians.ca. Sincerely, Rev. Steven Epperson

Do you receive our e-newsletters? If not, please go to vancouverunitarians.ca/newsletter to view recent newsletters (and sign up to receive in your inbox.)

Next Sunday Service: June 2, 2019

Belonging

Rev. Steven Epperson & surprise special guests

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS	Tatiana Burstyn, Ingrid Luters, Amy Megumi Anderson
FLOWERS	Carolyn Innes
LUNCH	No lunch today
LIBRARY AND LITERATURE STALL	Aphrodite Harris, Hilda Wiebe
SOUND	Rob Greig
GREETERS	John Smith, Greg Grant, Denise Nereida, Diane Brown
WELCOME AND INFORMATION TABLE	Jenny Podlecki, Audrey Cook
CARETAKER(S)	Paul Nash, Igor Santizo



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER	Rev. Steven Epperson
COMMUNITY MINISTER	Rev. Laura Imayoshi
DIRECTOR OF RELIGIOUS EDUCATION	Kiersten Moore
CHOIR DIRECTOR	Donna Brown
MUSIC DIRECTOR	Elliott Dainow
CASUAL CARETAKERS	Ben Yeung, Paul Nash, Igor Santizo, Edgar Silveira, Vivian Davidson, Matt Yeung
RE STAFF	Doug Ennenberg, Jannika Nyberg
YOUTH COORDINATOR	Olivia Hall
CONGREGATIONAL ADMINISTRATOR	Aurora Eyolfson
OFFICE ASSISTANT/ ORDER OF SERVICE	Marcus Hynes
BOOKKEEPER	Gordon Lowe
LAY CHAPLAINS	Lauren Stokes, Cheryl Amundsen, Louise Bunn

Office Hours: Monday to Thursday, 9:30 am to 2 pm; Friday, 9 am – 1 pm (by appointment);
Sunday, 10 am to 1 pm | **Telephone:** 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

To subscribe to the email version of the *UCV Events & Order of Service*, go to
www.vancouverunitarians.ca/newsletter.