



Intention

An all-congregation worship service

January 6, 2019



UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

TODAY AT UCV

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Meditation Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

SERMON DISCUSSION: 12:15 – 12:45 pm at a designated table in the Hall. Newcomers/regulars welcome!

COMPUTERTUTOR: Left to your own devices? Drop in and get your techie problems solved, Sunday January 6th from 12 noon to 2 pm in the Lindsey Room.

LUNCH is being prepared by the Refugee Committee. Join us after service in the Hewett Hall!

FORUM: 12:30 in the Fireside Room: ***Simple strategies for taking on global warming by eating less meat.*** The production of meat and other animal products makes huge demands on land and water resources worldwide, and contributes substantially to warming our climate. Including less animal products in our diets is one of the most powerful ways in which we can personally contribute to reining in climate change. **Dave Steele** will highlight the environmental impacts of meat production, and then **Denise Swanson** will outline simple, nutritious strategies for reducing, or eliminating, meat and other animal products in our daily meals. Both Dave and Denise have deep experience in these topics, and are well-known to UCV.

UCV GROUP ART SHOW: January 3rd to February 28th – mixed media artworks provided by UCV members and congregants!



Families with Children, Welcome!

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information www.vancouverunitarians.ca or email Kiersten at dre@vancouverunitarians.ca There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

Buddy Bags with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

Nursing parents are welcome in any part of our building. If you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

Children and Youth on Sundays

Everyone begins the morning together in the sanctuary for the first 10-15 minutes of worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for worship together (nursery care is available during all-ages services), 2nd to 5th Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre.

Responsible adults must pick up children under age 9 from their classroom at 12:15 pm, Youth Group runs until 12:30 pm, older children and youth will be released to meet their family in the hall for coffee hour. You may join your child in Explorations, but we encourage giving them their own time whenever possible.

Colour Buttons Identify Teachers and Advisers

Orange: Toddler Watch--attending to babies and children under 4 within the Children's Program.

Green: Children's Program Leaders and Assistants

Yellow: Youth Advisers

Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their Buddy Bag to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

UCV COMMUNITY EVENTS

UCV WOMEN'S GATHERING: Details on the annual women's gathering can be found here: <http://vancouverunitarians.ca/events/annual-womens-gathering/>. Please phone Jeannie at 604-224-1040 if you plan to attend. Afternoon workshops are now full. Register online at: <https://unitarian-women-2019.eventbrite.ca>

UCV COMMUNITY ANNOUNCEMENTS

NEW YEAR, NEW BEGINNINGS: The talented and skilled Collene is planning on retiring as the UCV Bookkeeper. Her last official day is Jan 31., and she has graciously offered to help out if and when needed. We wish her well on her new adventures. So...UCV is currently in the process of recruiting a new Bookkeeper. If you know of a suitable candidate, please forward the following links to apply https://www.indeedjobs.com/vancouver-unitarians/_hl/en_CA?cpref=JXWAtnzf3XWjLOi4YeVNLnsfzg9-fxtS35ds9p-ad2A

NEW 2019 GROUP – THE POT LUCK BOOK AND LUNCH CLUB: So, you like books. So do we! We all share a book or two we're reading that we think others would enjoy hearing about. Pick your favourites and join us. We sometimes read passages out loud too. The discussion is followed by a pot-luck lunch. We meet in the Fireside room, 11:00 am - 1:00 pm, on the last Thursday of the month. Contact Nan Gregory at nangregory@shaw.ca for further info. Sometimes a few of us stay to practice circle dancing. You're welcome to join us.

UCV REDEVELOPMENT BUSINESS PLAN: Join the planning! This work will contribute to the decision by members next June as to whether or not to proceed with redevelopment. An informational note is available at the office about how the various redevelopment focus groups work and who has joined already. Contact Gordon Gram (gordongram@me.com) and/or Michael Clague (mclague@telus.net) for more information.

HELP NEW PEOPLE GET CONNECTED: Are you a friendly person who knows enough about UCV to help someone newer than you get connected? Contact Mary Bennett at ucvconnect@gmail.com if you can help. More info here: <http://vancouverunitarians.ca/connector/>. We are especially looking for additional people who will respond to the (many) people who express interest in our social responsibility initiatives (social justice, environment, refugees, etc.) You don't need to know about everything. (Who does?) You'll just help them find their way through our complex congregation.

SOCKS, SOCKS, SOCKS: New or used, singles or pairs, for all seasons, for all ages (from infancy). Donations are always welcome. Please drop off at the Refugee Committee thrift sale table---collection is on going. Cash donations will be used to purchase warm socks for the winter shelters. Lily Ha

E-NEWSLETTERS: As well as the monthly e-news sent out near the beginning of each month, we do occasional messages with a focus. You can sign up for any and all e-newsletters here: vancouverunitarians.ca/newsletter

UCV NEIGHBOURHOOD GROUPS:

- New Westminster: Rob Dainow (rdainow@shaw.ca)
- East Vancouver: Mairy Beam (mairyelesbea@gmail.com) and Paul Prescod (paul@prescod.net)
- Westside: Jeannie Corsi – contact ucvconnect@gmail.com
- Fairview/False Creek – Vivian Davidson (vdavidsonsc@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours.

DROP-IN PING-PONG is being planned as a weekday morning activity at UCV for a group forming now. Registration is required. Please email George Atherton – notrehta@gmail.com – to find out more.

PAGANISM 101 is full and well underway. BUT the monthly Earth Spirit circle is open to all - on the 1st Tuesday of each month, 6 – 7 pm, Hirschmanova. Want more information? earthspiritucv@gmail.com

CANADIAN UNITARIAN BOOK CLUB: Have you made a resolution to read more books this year? (Not an uncommon Unitarian resolution!) Besides our own book club and the new potluck book and lunch club, there are opportunities to meet other Unitarians via zoom once a month without leaving home! Search vancouverunitarians.ca for "book" or contact Mary ucvconnect@gmail.com

2019 MULTIFAITH CALENDARS are now on sale! Pick up one of these beautiful calendars at the book stall in Hewett Hall and mark a couple gifts off your list at the same time. \$15 each or 2 for \$25. All proceeds go to **benefit UCV's children's programs** and the Multifaith Action Society.

UCV CARE AND CONCERN COMMITTEE

A new way to reach out in time of need: If you or others in the congregation are in need of support in times of transition, loss, illness, moving, etc., please contact: careandconcern@vancouverunitarians.ca. Sincerely, Rev. Steven Epperson

Do you receive our e-newsletters? If not, please go to vancouverunitarians.ca/newsletter to view recent newsletters (and sign up to receive in your inbox.)

OUTSIDE EVENTS

UU WOMEN'S RETREAT: Save the Date! February 8 to 10, 2019 (Friday dinner to Sunday lunch) at the Bethlehem Centre in Nanaimo. Special rate of \$215.00 includes 6 delicious meals, private rooms, and a main room for activities. Expect connection with other women, several discussion circles to choose from and time for yourself. There is a 6 km walking trail and a Chartres-sized labyrinth. Expect spiritual renewal at this special place and time. NOTE: There are 4 accessible rooms available.

Next Sunday Service: January 13, 2019

The Legacy of "Spiritual Bad Ass" Richard Wagamese

Rev. Helen McFayden

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS

Karen Hertz, Catherine Stewart, Pat MacBain

FLOWERS

Chris Pearce

LUNCH

Refugee Committee

LIBRARY AND LITERATURE STALL

David Buchanan

SOUND

Rob Taylor

GREETERS

Ursula Litzcke, Gerda Schulz, Margo Elfert

WELCOME AND INFORMATION TABLE

Karin Hall, Dianne Crosbie

CARETAKER(S)

Paul Nash



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER

Rev. Steven Epperson

COMMUNITY MINISTER

Rev. Laura Imayoshi

DIRECTOR OF RELIGIOUS EDUCATION

Kiersten Moore

CHOIR DIRECTOR

Donna Brown

MUSIC DIRECTOR

Elliott Dainow

CASUAL CARETAKERS

Ben Yeung, Paul Nash, Igor Santizo,
Edgar Silveira, Vivian Davidson, Eric Sun

RE STAFF

Doug Ennenberg, Jannika Nyberg

YOUTH COORDINATOR

Olivia Hall

CONGREGATIONAL ADMINISTRATOR

Aurora Eyolfson

OFFICE ASSISTANT/ ORDER OF SERVICE

Marcus Hynes

BOOKKEEPER

Collene Harris

LAY CHAPLAINS

Lauren Stokes, Cheryl Amundsen,
Louise Bunn

Office Hours: Monday to Thursday, 9:30 am to 2 pm | **Telephone:** 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

To subscribe to the email version of the *UCV Events & Order of Service*, go to
www.vancouverunitarians.ca/newsletter.