

UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

TODAY AT UCV

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Meditation Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

SERMON DISCUSSION: 12:15 – 12:45 pm at a designated table in the Hall. Newcomers/regulars welcome!

BUMBLEBERRY SUNDAY: After the service today, come and enjoy Bumbleberry Sundaes courtesy of the New U Committee. Every berry lovingly handpicked last summer!

FORUM: 12:30 in the Fireside Room: Theatre can be a powerful tool for community-building, for inspiring humanity and compassion, for provoking independent critical thought, for igniting action. Doing theatre is one way of taking action that gives rise to hope. Actor/director/teacher/activist Diane Brown is offering an interactive forum of simple, introductory theatre games and improvisation. Those who come to the forum will be on their feet, playing. Games will be suitable for kids and adults. Please wear loose and comfortable clothing, and bring your imagination.

UCV GROUP ART SHOW: January 3rd to February 28th – mixed media artworks provided by UCV members and congregants!

Families with Children, Welcome!

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information at www.vancouverunitarians.ca or email Kiersten at dre@vancouverunitarians.ca. There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

Buddy Bags with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

Nursing parents are welcome in any part of our building. If you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

Children and Youth on Sundays

Everyone begins the morning together in the sanctuary for the first 10-15 minutes of worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for worship together (nursery care is available during all-ages services), 2nd to 5th Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre.

Responsible adults must pick up children under age 9 from their classroom at 12:15 pm, Youth Group runs until 12:30 pm, older children and youth will be released to meet their family in the hall for coffee hour. You may join your child in Explorations, but we encourage giving them their own time whenever possible.

Colour Buttons Identify Teachers and Advisers

Orange: Toddler Watch--attending to babies and children under 4 within the Children's Program.

Green: Children's Program Leaders and Assistants

Yellow: Youth Advisers

Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their Buddy Bag to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

* We are pleased to present Joyce's music today as it expresses so well the aims and sentiments of our faith. Joyce is a member of UCV and very well-known as a composer and song-leader throughout congregations here and in the States. The 2 hymns we sing today are also her compositions. Thanks for the wonderful and inspiring songs! – Elliott

Children's Recessional

composed by Joyce Poley
arranged by David Hamilton

As you go on your way, may you be filled with glad - ness.

Go in joy, Go in joy! May for - tune bless your day with

peace and lov - ing - kind - ness, go in love. Go in love. As Go in love.

The image shows a musical score for a children's recessional. It consists of three staves of music in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp. The melody is simple and repetitive. The lyrics are: 'As you go on your way, may you be filled with glad - ness.' The second staff continues the melody with the lyrics: 'Go in joy, Go in joy! May for - tune bless your day with'. The third staff concludes the piece with the lyrics: 'peace and lov - ing - kind - ness, go in love. Go in love. As Go in love.' There are first and second endings indicated by brackets and numbers 1 and 2 above the notes.

UCV COMMUNITY EVENTS

GENTLE CIRCLE DANCE: Come and get some gentle exercise to music next Sunday, February 3 in the Fireside Room, 2 – 3:30pm. Mairy Beam and Mary Bennett teach four dances, that we repeat three times each, so you can relax into it. If you have always felt you have two left feet this could be the session for you! RSVP appreciated but not required circledanceucv@gmail.com

FAIRVIEW NEIGHBOURHOOD GROUP DINNER: Sunday, February 3, at 6 pm. Kaya Malay has two places available for our Dine Out Vancouver feast. \$25 per person. Essential to RSVP to ucvconnect@gmail.com. We have a reservation for (exactly) 8 persons.

EARTH SPIRIT CIRCLE: On the first Tuesday (February 5) from 6 – 7 pm, we gather in Hitschmanova to celebrate the turning of the seasons. This month we will “Welcome Brigid”, the Celtic Fire Goddess. We'll celebrate early spring and you'll go home with a snowdrop or two as well. (Brigid's flower!)

SECOND SUNDAY BOOK GROUP: Edith Iglauer was born in Cleveland and lived an urban, sophisticated life in New York until she met and married John Daly, an impassioned and greatly talented fisherman who was convinced that he could "think like a fish". John was an amateur philosopher who worked out, and followed, an original set of beliefs and principles; a mystic who felt himself at one with the sea and the mountains along the BC coast; a scholarly looking, high-spirited, full-blown eccentric who covered the walls of his pilothouse with his favourite quotations. We will discuss *Fishing With John*, by Edith Iglauer, in Biddle at 12:30 – 2 pm on Feb 10. All are welcome.

WANT TO ENRICH AND EMPOWER THE LIVES OF WOMEN? Thirteen women formed a discussion group at the [4th Annual Women's Gathering](#) and decided to form not just one, but two new women's groups which will meet monthly. One group will meet on the third Monday of the month, 7:00-9:00 pm in the

Fireside room (first meeting will be Monday, Feb. 18th); and the other group will meet on the first Friday of the month from 2:00-4:00 pm in the Fireside room (first meeting is on Friday, March 1st). Registration is required. Contact Sheila at sresels@gmail.com if you are interested in participating.

UCV WORDPRESS WEBSITE TRAINING: Learn how to post news and events to the UCV website so your committee can get the word out. A series for beginners is scheduled for Saturdays 1 – 4 pm; Feb. 23, March 16 and June 1. Register with Aurora 604-261-7204 or ca@vancouverunitarians.ca

NEXT GSA GATHERING: Monday, February 25, 6:30 pm for a potluck social and some planning. Please pick up the new Genders & Sexualities Alliance brochure in the brochure holders in the foyer of the sanctuary. RSVP as space is limited to gsaucv@gmail.com

NEW 2019 GROUP – THE POT LUCK BOOK AND LUNCH CLUB: So, you like books. So do we! We all share a book or two we're reading that we think others would enjoy hearing about. Pick your favourites and join us. We sometimes read passages out loud too. The discussion is followed by a potluck lunch. We meet in the Fireside room, 11:00 am - 1:00 pm, on the last Thursday of the month. Contact Nan Gregory at nangregory@shaw.ca for further info. Sometimes a few of us stay to practice circle dancing. You're welcome to join us!

UCV COMMUNITY ANNOUNCEMENTS

LIBRARY VOLUNTEERS: The library group is looking for a volunteer to welcome and help people who come into the UCV library on the second Sunday of the month for a few months. No experience necessary. We are looking for enthusiasm!

LOVE SOUP: Thank you very much for your continued support for Love Soup in 2019! Thanks to your support, it was very successful last Sunday! Our next Love Soup date will be on Sunday, February 17.

UCV NEIGHBOURHOOD GROUPS:

- New Westminster: Rob Dainow (rdainow@shaw.ca)
- East Vancouver: Mairy Beam (mairyelesbea@gmail.com) and Paul Prescod (paul@prescod.net)
- Westside: Jeannie Corsi – contact ucvconnect@gmail.com
- Fairview/False Creek – Vivian Davidson (vdavidsonsc@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours.

FEMINIST BOOK CLUB? CUUWA Canadian UU Women's Association is setting up a monthly cross-Canada book club focusing on contemporary books on feminism. It will likely meet on a Sunday at 3 pm Pacific/7 pm Atlantic using zoom technology: <https://cuuwa.org/>. Locally Mary Bennett is involved: maryinvancouver@gmail.com. Send any book recommendations to Mary. Mary's particularly interested in exploring the concepts of third wave feminism and intersectionality.

RICK HANSEN ASSESSMENT: The Buildings and Grounds Committee has received an assessment, requested by Steven Epperson, from the Rick Hanson Foundation re UCV accessibility for the Hewett Centre and the Sanctuary. B&G is reviewing the report in terms of practicality, cost and the viewpoints of members with disabilities. Some \$s are available from the RHF. For information or a copy of the assessment contact Dianne Crosbie: dcrosbie@uniserve.com.

DROP-IN PING-PONG is being planned as a weekday morning activity at UCV for a group forming now. Registration is required. Please email George Atherton – notrehta@gmail.com – to find out more.

OUR WHOLE LIVES FOR AGES 12-14 IS BACK! A sexuality education program for youth that models and teaches caring, compassion, respect, and justice. Move beyond the intellect to address the attitudes, values, and feelings that youth have about themselves and the world. This program is comprehensive and progressive. In an inclusive and developmentally appropriate manner, it addresses sensitive topics that are typically excluded from other curricula and classes offered. Contact Kiersten Moore (dre@vancouverunitarians.ca) or Olivia Hall (oliviahmargaret@gmail.com) for more information. Check <http://vancouverunitarians.ca/education/owl/> for updates.

UCV CARE AND CONCERN COMMITTEE

A new way to reach out in time of need: If you or others in the congregation are in need of support in times of transition, loss, illness, moving, etc., please contact: careandconcern@vancouverunitarians.ca. Sincerely, Rev. Steven Epperson

Do you receive our e-newsletters? If not, please go to vancouverunitarians.ca/newsletter to view recent newsletters (and sign up to receive in your inbox.)

OUTSIDE EVENTS

UU WOMEN'S RETREAT: Save the Date! February 8 to 10, 2019 (Friday dinner to Sunday lunch) at the Bethlehem Centre in Nanaimo. Special rate of \$215.00 includes 6 delicious meals, private rooms, and a main room for activities. Expect connection with other women, several discussion circles to choose from and time for yourself. There is a 6 km walking trail and a Chartres-sized labyrinth. Expect spiritual renewal at this special place and time. NOTE: There are 4 accessible rooms available. To hold your space, contact Jane (janefoxincomox@gmail.com)

Next Sunday Service: February 3, 2019

Perseverance: An All-Congregation Worship Service

Rev. Steven Epperson & DRE Kiersten Moore

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS	Karen Hertz, Ingrid Luters and Amy Megumi Anderson
FLOWERS	Carolyn Innes
LUNCH	Bumbleberry Sundae
LIBRARY AND LITERATURE STALL	Aphrodite Harris, Hilda Wiebe
SOUND	Rob Greig
GREETERS	John Smith, Greg Grant, Denise Nereida
WELCOME AND INFORMATION TABLE	Alison Pearson, Geoff Rempel
CARETAKER(S)	Paul Nash



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER	Rev. Steven Epperson
COMMUNITY MINISTER	Rev. Laura Imayoshi
DIRECTOR OF RELIGIOUS EDUCATION	Kiersten Moore
CHOIR DIRECTOR	Donna Brown
MUSIC DIRECTOR	Elliott Dainow
CASUAL CARETAKERS	Ben Yeung, Paul Nash, Igor Santizo, Edgar Silveira, Vivian Davidson, Eric Sun
RE STAFF	Doug Ennenberg, Jannika Nyberg
YOUTH COORDINATOR	Olivia Hall
CONGREGATIONAL ADMINISTRATOR	Aurora Eyolfson
OFFICE ASSISTANT/ ORDER OF SERVICE	Marcus Hynes
BOOKKEEPER	Collene Harris
LAY CHAPLAINS	Lauren Stokes, Cheryl Amundsen, Louise Bunn

Office Hours: Monday to Thursday, 9:30 am to 2 pm | **Telephone:** 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

To subscribe to the email version of the *UCV Events & Order of Service*, go to
www.vancouverunitarians.ca/newsletter.