



*Image Courtesy of the Unitarian Universalist Church of Hot Springs
Hot Springs, Arizona*

Five Smooth Stones

Rev. Samaya Oakley

July 14, 2019



UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

TODAY AT UCV

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Meditation Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

SERMON DISCUSSION: 12:15 – 12:45 pm at a designated table in the Hall. Newcomers/regulars welcome!

ART EXHIBITION: *Robert Gary Martin (Bob) 1943-2018* In the last 15 years Bob became a prodigious artist. He produced vibrant, beautiful paintings, especially in the hard-edged style of expressionism. Bob never wanted to say much about his paintings except to tell people how much fun he was having and how lucky he was to have the time and resources to paint. He believed that creative expression was part of being human and recognized that access to doing and showing art was connected to privilege in our society. He wanted his viewers to experience their own reaction to his work, and loved to hear how friends and family responded to his art. As he used to say, “if you don’t like a colour, sit with it for awhile.” This is his fourth art show and as per tradition, his grandchildren were asked to name his paintings. These paintings were named by his granddaughter Maiya.



Families with Children, Welcome!

Parents of toddlers please check in at the first room in Hewett Centre (Lindsey-Priestly) with the Guides before the service. Depending on your child's needs and personality you and the Guides can decide whether your child stays with you or joins any older kids who attend.

Children's Program: We are committed to providing safe, compassionate, age-appropriate programming for all children and youth who attend or visit UCV. Our goal is to find the Fun with Meaning! Our Summer program is small and laid back, focused on games, gardening, and art led by volunteer guides and parents. Activities are open to both members and visitors. Everyone attends the start of service together through the chalice lighting, opening hymn, and story for all ages.

After the story children ages 3-12 may join our Religious Exploration Guides in Hewett Centre for garden activities, games, and art. (see note above about children under age 3).

Children and babies are welcome to remain with their adult family members through the service if they prefer.

Please meet your child in the first room in Hewett Centre (Lindsey-Priestley) or in the garden after the service: children under age 9 will remain with the Guides until met by a responsible family member.

Youth Group: Our High School Youth Group (grades 8-12) does not meet during the summer. During the school year our Youth Group is led collaboratively by the youth and adult advisors. They meet weekly to explore issues of faith development, social justice, life experiences, trials, tribulations, and joys and sorrows of navigating life—through games and small group activities. Other activities include monthly youth sleepovers at the church, Regional UU Youth Conferences, and the UU-United Nations Office (NYC) Spring Seminar on Climate Justice in April. Please contact Olivia Hall (oliviahmargaret@gmail.com) or Kiersten Moore (dre@vancouverunitarians.ca) for more information.

Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their Buddy Bag to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

Celebration of Worship: July 14, 2019

- Prelude** *Novelette in C Major* Francis Poulenc
Bernard Duerksen, Piano
- Opening Words/Greeting Our Neighbours** Mason Harris
- Kindling the Chalice Flame** Mason Harris
5 Voices Inspired by "guiding Principles for a Free Faith" , James Luther Adams
- Opening Hymn #1024** *When the Spirit Says Do*
- Story for All Ages** Read by Rev. Samaya Oakley
- Children's Recessional** Rev. Samaya Oakley
- Announcements** Ursula Litzcke
- Reading from the Book of Celebrations and Concerns** Ursula Litzcke
- Offering:** *We deeply appreciate your presence here, your offerings and the gifts you share.* *Evening In the Mountains* Edvard Grieg
Bernard Duerksen, Piano
- Text-to-Give!**
- Did you know that you can now donate to UCV via text message? Simply text an amount to 778-771-1707 to get started today, or visit <http://bit.ly/2VFEWDS> for more information!
- Meditation, Spoken then Silent** Rev. Samaya Oakley
Hymn # 341, Voices Still & Small
- Responsive Reading** *#657 It Matters What We Believe*
- Musical Response** *To A Wild Rose* Edward McDowell
Bernard Duerksen, Piano
- Five Smooth Stones**
Rev. Samaya Oakley
- Closing Hymn #1014** *Answering The Call of Love*
- Closing Words and Extinguishing the Chalice Flame** Rev. Samaya Oakley
- Valediction** *Carry the flame of peace and love, until we meet again*
Carry the flame of peace and love, until we meet again

UCV COMMUNITY EVENTS

MORE ABOUT OUR LABYRINTHS

Karen and I received many nice comments (and some questions) after our service on labyrinths last Sunday. The text will be at the lit stall if you're interested. It's also posted and the podcast as well in the e-news I sent out yesterday. All of this is at <http://vancouverunitarians.ca/labyrinth> Email the labyrinths. (me!) unitarianlabyrinth@gmail.com

REGISTRATION OPEN FOR HARRY AND UU SUMMER CAMP! August 12-16 will see Hewett Centre once again transformed into the Great Hall and Hogwarts classrooms. Harry and UU summer camp is theatre-in-action for kids ages 7-12. There are volunteer leadership opportunities for youth ages 13+ with a Red Cross first aid certificate. To register visit <https://vancouverunitarians.ca/summer-camp-register/> This experiential camp is for anyone who loves the adventures of Harry Potter and wishes to explore theatre as social action. Children can expect to make their own wand, create their patronus, taste butterbeer and other magical snacks, participate in lessons of Magic and Sorcery, discover their house and much, much, more!

EARTH SPIRIT CIRCLE will meet from 7–8:30 pm over the summer on the first Tuesday of the month. Mairy Beam and Mary Bennett are also coordinating an earth spirit ritual/circle dance gathering on the LAST Tuesday in July and August. To check on summertime and fall (if scheduled) earth spirit, circle dance and labyrinth events, check here: <http://vancouverunitarians.ca/earth-spirit>

A THIRD WOMEN'S GROUP: It all started at a discussion group while at the 4th Annual Women's Gathering when 2 groups were formed. Because we want to continue enriching and empowering the lives of women, we are forming a third one which will meet the third Tuesday, 7 – 9 pm, in the Fireside Room, starting September 17th. Registration is required at sresels@gmail.com.

JASON SHELTON WORKSHOP: Answering the Call of Love: Building Community Through Song with Rev. Jason Shelton. September 27, 28 & 29, 2019, Unitarian Church of Vancouver. We are very excited to be able to offer this opportunity! Jason Shelton is a UU musician, minister and composer (Fire of Commitment and many more) who believes in the power of music to inspire and unite. The workshop is open to anyone who likes to sing and will conclude with the Sunday service. Register online at eventbrite.ca (search Jason Shelton in Vancouver) or print out the registration form on the church website (vancouverunitarians.ca). Registration forms are also available in the church office. Please email Donna Brown if you need more information (quinnbrown44@gmail.com)

THE UNITARIAN FEMINIST BOOK CLUB meets over zoom (computers) every 2nd Sunday from 4–5 pm. For July 14 we'll be discussing Elizabeth Renzetti's book *Shrewed*. Contact Mary Bennett maryinvancouver@gmail.com or check the website www.facebook.com/CANUUWA/ for more details. *Shrewed* is in UCV library and vpl.ca has several copies. If you'd like to be reminded about upcoming meetings and the books to be discussed, just ask Mary to add you to the googlegroup.

MAKE A LAVENDER WAND and circle dance and walk the labyrinths. Thu, Jul 18, 2019 at 11:00 am - 1:00 pm. [GLAD Gathering for Labyrinth \(and Lavender\), Art and Dance](#) –Lindsey-Priestley. RSVP to earthspiritucv@gmail.com appreciated but not required. Feel free to drop in.

UCV COMMUNITY ANNOUNCEMENTS

PREPARE FOR PRIDE: UCV is proud to have been an officially welcoming congregation since 1995 (the second in Canada). This year we're celebrating pride with a new rainbow-themed book mark with the principles and sources. Please pick up one or 2 or 3 and take home. When someone asks you about the Unitarians, you'll be ready! – Mary Bennett, Chair, UCV Communications Committee.

DO YOU ENJOY LIFE WRITING? A weekly summer writing group is forming for those writing narrative poetry, memoirs, or autobiographical fiction facilitated by Andrea Nicki, author of three prose poetry books, editor, and professor in ethical leadership at Fairleigh Dickinson University. Meetings will consist of sharing/discussing work with an emphasis on mutual appreciation and the option of receiving input. Registration is required: NICANDR4@AOL.COM. The meeting time of the group will be determined after taking a poll of registrants.

2019-2020 DIRECTORY OF SMALL GROUPS AND COMMITTEES: Are you looking to get involved with a group but not sure what's available? Our updated Directory will help you navigate our complex Unitarian community. You can find hard copies on the Welcome Tables or in the office. If you'd like an e-version, contact Sheila R. at sresels@gmail.com.

NOMINATIONS COMMITTEE: Over the next few months I REALLY need help finding great candidates for our board after next November ... this is a crucial time. If you can help on this committee or you know it's your time to step forward for the board, contact Marg at mfletcher508@gmail.com or 778-772-1120. Thanks! – Marg Fletcher

FORUM COORDINATOR NEEDED: Would you like to make a contribution to the UCV community using your organizational skills? We are looking for a Forum Coordinator for the forums being held on Sundays after service by various groups. You would be responsible to be in communication with the groups holding the forums and to relay the forum info to the office staff and UCV communications. It is an important role, but would only require a few hours a month. If this seems like a fit for you, please contact Cindy Cashin, chair of the Program Coordinating Council at cindy_returns@yahoo.com

SUMMER CHILDREN'S VOLUNTEERS NEEDED: The Children's Program needs volunteers for July and August Sundays to be Family Guides—to greet and welcome families and to engage any children over age 4 in either gardening, art, games, or any combination thereof. Please find the sign-up sheet circulating in the sanctuary—or after the service in Hewett Hall. See Kiersten Moore, DRE for Safe Congregation Policy forms. See <https://vancouverunitarians.ca/community/volunteer/>.

JOIN OUR SUNDAY MORNING GREETERS! (aka, the Ushers). We are in need of more people who can volunteer approximately one hour, once a month, to welcome visitors and members of the congregation to Sunday morning worship service. You would hand out the Order of Service as people arrive, and help to collect the offertory. After the offertory, you can sit in the Sanctuary for the remainder of the service. This is a pleasant way to meet other people, and to take an active role in the life of our community. You will join an experienced team of greeters on the Sunday of your choice. No experience necessary – on the job training provided! For more information, please contact Denise Nereida at 604-731-7630 or ditzah@telus.net

DEAR SUNDAY MORNING COFFEE AND TEA DRINKERS,

Stating July 28, you are needed to get the service happening, otherwise...no coffee or tea.

Karen Hertz, who has been setting up every Sunday for a whole year is moving on to become a Caretaker. Vacancies are for 3 Sunday mornings. You will be appreciated by all the other coffee and tea drinkers and your heart will grow 2 sizes bigger from your humble service to the community.

Men are also welcome to volunteer. Contact Eva Allan at eallan@telus.net, 604-738-4962

EARTH SPIRIT E-NEWSLETTER: We send out a monthly e-newsletter that includes earth spirit circle, labyrinth news and circle dance gatherings. Sign up at vancouverunitarians.ca/earth-spirit

EARTH HAS A SOUL GROUP – has been postponed till the fall. It's now full, but if you'd like to be on a wait list, contact Mary Bennett, earthspiritucv@gmail.com

UCV NEIGHBOURHOOD GROUPS:

- New Westminster: Rob Dainow (rdainow@shaw.ca)
- East Vancouver: Mairy Beam (mairyelesbea@gmail.com) and Paul Prescod (paul@prescod.net)
- Westside: Jeannie Corsi & Sheila Resels – contact ucvconnect@gmail.com
- Fairview/False Creek – Vivian Davidson (vdavidsonsc@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours.

OUTREACH OPPORTUNITIES FUND: From June through September, the Outreach Opportunities Fund will be collecting for the Downtown Eastside Women's Centre which every day supports over 500 women, children and seniors in crisis to meet their immediate health, housing and other needs. It helps women escape from poverty and violence by offering long-term support, education and peer mentorship. In addition, it advocates to increase awareness of inequalities and systemic injustice against women.

Do you receive our e-newsletters? If not, please go to vancouverunitarians.ca/newsletter to view recent newsletters (and sign up to receive in your inbox.)

Next Sunday Service: July 21, 2019

The Selfish Act of Giving

Ryan Guenther

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS

Karen Hertz, Pat Johnson, Joan Balmer

FLOWERS

Lorraine Calame

LUNCH

No lunch today

LIBRARY AND LITERATURE STALL

Sheila Lindfield, George Atherton

SOUND

Galen Elfert

GREETERS

Denise Nereida, John Boyle, Hank Einarson, Sakura Nandana

WELCOME AND INFORMATION TABLE

Nancy Strider, Hanno Pinder

CARETAKER(S)

Edgar Silveira



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER	Rev. Steven Epperson
COMMUNITY MINISTER	Rev. Laura Imayoshi
DIRECTOR OF RELIGIOUS EDUCATION	Kiersten Moore
CHOIR DIRECTOR	Donna Brown
MUSIC DIRECTOR	Elliott Dainow
CASUAL CARETAKERS	Ben Yeung, Paul Nash, Karen Hertz, Edgar Silveira, Vivian Davidson, Marie Witt, Doug Ennenberg, Jannika Nyberg
RE STAFF	Olivia Hall
YOUTH COORDINATOR	Aurora Eyolfson
CONGREGATIONAL ADMINISTRATOR	Marcus Hynes
OFFICE ASSISTANT/ ORDER OF SERVICE	Gordon Lowe
BOOKKEEPER	Lauren Stokes, Cheryl Amundsen, Louise Bunn
LAY CHAPLAINS	

Office Hours: Monday to Thursday, 9:30 am to 2 pm; Friday, 9 am – 1 pm (by appointment);
Sunday, 10 am to 1 pm | **Telephone:** 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

To subscribe to the email version of the *UCV Events & Order of Service*, go to
www.vancouverunitarians.ca/newsletter.