



Roots and Wings

Kiersten Moore, Rev. Steven Epperson & UCV Youth

June 16, 2019



UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

TODAY AT UCV

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Meditation Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

LOVE SOUP: Please join us in the Hall after service for delicious homemade soup, Terra bread, and dessert!

SERMON DISCUSSION: 12:15 – 12:45 pm at a designated table in the Hall. Newcomers/regulars welcome!

THE ENVIRONMENT TEAM MEETING today at 12:30 has moved offsite for a pot-luck lunch. Cranberry Commons Co-housing, Common Room, 4272 Albert Street, Burnaby (One block north of Hastings between Madison and Gilmore, buzz the Common House at the entry gate). Please RSVP to kristinekstromer@gmail.com Car pooling available from UCV, contact John Boyle: john.boyle@shaw.ca

ART EXHIBITION: *Free to Be... Me!* This year's Children's Art Show was inspired by a project we did in March around the transgender day of visibility. They talked about what it means to be an individual and the importance of being free to express yourself and not hide who you really are. Each child had the opportunity in April to create a portrait of themselves in any way that spoke to them. Here are self-portraits of many children in our Religious Exploration program. Portraits in words, pictures, symbols, and colour. Each personal to the individual artist. I hope you enjoy this small peek into our children's creative reflection of themselves.

Families with Children, Welcome!

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information at www.vancouverunitarians.ca or email Kiersten at dre@vancouverunitarians.ca. There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

Buddy Bags with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

Nursing parents are welcome in any part of our building. If you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

Children and Youth on Sundays

Everyone begins the morning together in the sanctuary for the first 10-15 minutes of worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for worship together (nursery care is available during all-ages services), 2nd to 5th Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre.

Responsible adults must pick up children under age 9 from their classroom at 12:15 pm, Youth Group runs until 12:30 pm, older children and youth will be released to meet their families in the hall for coffee hour. You may join your child in Explorations, but we encourage giving them their own time whenever possible.

Colour Buttons Identify Teachers and Advisers

Orange: Toddler Watch—attending to babies and children under 4 within the Children's Program.

Green: Children's Program Leaders and Assistants

Yellow: Youth Advisers

Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their Buddy Bag to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

Celebration of Worship: June 16, 2019

Prelude *Bohemian Rhapsody* Queen
*Please feel free to join the youth
in singing along!*

Announcements UCV Youth

Opening Words/Greeting Our Neighbours Rev. Steven Epperson

Kindling the Chalice Flame UCV Youth

Opening Hymn #361 *Enter, Rejoice, and Come In*

Special Presentation Outreach Opportunities Fund

Story for All Ages Told by Kiersten Moore

**Reading from the Book of
Celebrations and Concerns**

Offering: *We deeply appreciate Home Phillip Phillips
your presence here, your offerings (see insert for lyrics)
and the gifts you share.*

Text-to-Give!

Did you know that you can now donate to UCV via text message? Simply text an amount to 778-771-1707 to get started today, or visit <http://bit.ly/2VFEWDS> for more information!

Meditation *Transitions* Rev. Steven Epperson

Musical Response *Phoenix Chant* Acapella led by Olivia Hall
(see insert for lyrics)

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Closing Hymn #1064 *Blue Boat Home*

Closing Words and Extinguishing the Chalice Flame UCV Youth & Olivia Hall

Valediction *Carry the flame of peace and love, until we meet again
Carry the flame of peace and love, until we meet again*

UCV COMMUNITY EVENTS

EXTRAORDINARY GENERAL MEETING

The **EGM** will be held on Sunday, June 23 from 12:30 to 2 pm in Hewitt Hall. On the agenda is the 2019 – 2020 budget and a report from the refugee committee and love soup as well as reports on the redevelopment project from the planning committee and the circle of concerns. This is an important meeting for our community. I hope you can attend.

UCV'S THIRD COMPASSIONATE COMMUNICATION CIRCLES: Want more compassion in your world? Consider UCV's two Compassionate Communication Circles (practicing Compassionate Communication, CC) **plus** the Compassion Course Online 2019 from N.Y. (receiving 52 weekly emails covering CC concepts we then practice in the Circles). The Circles' 1st session (for both groups) is on June 23rd, 9:30 - 10:55 am in the Fireside Room. Each group will thereafter meet on the 4th Sunday of the month in the Family Room. Group A at 9:30 am & Group B at 12:30 pm. Registration is required sresels@gmail.com or cindy_returns@yahoo.com.

EARTH SPIRIT CIRCLE will meet from 7 - 8:30 pm over the summer on the first Tuesday of the month. Mairy Beam and Mary Bennett are also coordinating an earth spirit ritual/circle dance gathering on the **LAST** Tuesday in July and August. To check on summertime and fall (if scheduled) earth spirit, circle dance and labyrinth events, check here: <http://vancouverunitarians.ca/earth-spirit>

GLAD: Gathering for Labyrinth, Art & Dance. Thursday, June 20, 11 am – 1 pm. With Mary Bennett. This monthly mid-day break starts with creating a centrepiece from natural objects and plants found around UCV. Then we circle dance and walk the labyrinth. Contact: circledanceucv@gmail.com. RSVP appreciated but not required. Sometimes people stay to grab lunch together—potluck or sushi.

A THIRD WOMEN'S GROUP? It all started at a discussion group while at the 4th Annual Women's Gathering when 2 groups were formed. Because we want to continue enriching and empowering the lives of women, we are forming a third one which will meet the third Tuesday, 7 – 9 pm, in the Fireside Room, starting September 17th. Registration is required at sresels@gmail.com.

SAVE THE DATE: BUILDING COMMUNITY THROUGH SONG: A Weekend with Rev. Jason Shelton. September 27, 28 & 29, 2019, Unitarian Church of Vancouver. We are excited to announce this amazing opportunity. Jason Shelton is a UU musician, minister and composer (Fire of Commitment and many more) who believes in the power of music to inspire and unite. The workshop is open to anyone who likes to sing and will conclude with the Sunday service. More information and registration will be available soon. Please email Donna Brown to be put on the mailing list. (quinnbrown44@gmail.com)

UCV COMMUNITY ANNOUNCEMENTS

FORUM COORDINATOR NEEDED: Would you like to make a contribution to the UCV community using your organizational skills? We are looking for a Forum Coordinator for the forums being held on Sundays after service by various groups. You would be responsible to be in communication with the groups holding the forums and to relay the forum info to the office staff and UCV communications. It is an important role, but would only require a few hours a month. If this seems like a fit for you, please contact Cindy Cashin, chair of the Program Coordinating Council at cindy_returns@yahoo.com

NOMINATIONS COMMITTEE: Over the next few months I REALLY need help finding great candidates for our board after next November ... this is a crucial time. If you can help on this committee or you know it's your time to step forward for the board, contact Marg at mfletcher508@gmail.com or 778-772-1120. Thanks! – Marg Fletcher

SUMMER CHILDREN'S VOLUNTEERS NEEDED: The Children's Program needs volunteers for July and August Sundays to be a Family Guide—to greet and welcome families and to engage any children over age 4 in either gardening, art, games, or any combination thereof. Please find the sign-up sheet circulating in the sanctuary—or after the service in Hewett Hall. See Kiersten Moore, DRE for Safe Congregation Policy forms. See <https://vancouverunitarians.ca/community/volunteer/>.

JOIN OUR SUNDAY MORNING GREETERS! (aka, the Ushers). We are in need of more people who can volunteer approximately one hour, once a month, to welcome visitors and members of the congregation to Sunday morning worship service. You would hand out the Order of Service as people arrive, and help to collect the offertory. After the offertory, you can sit in the Sanctuary for the remainder of the service. This is a pleasant way to meet other people, and to take an active role in the life of our community. You will join an experienced team of greeters on the Sunday of your choice. No experience necessary – on the job training provided! For more information, please contact Denise Nereida at 604-731-7630 or ditzah@telus.net

WHAT'S UP IN THE LABYRINTH? Please feel free to pick and enjoy flowers, herbs and strawberries. – Mary Bennett

EARTH SPIRIT E-NEWSLETTER: We send out a monthly e-newsletter that includes earth spirit circle, labyrinth news and circle dance gatherings. Sign up at vancouverunitarians.ca/earth-spirit

EARTH HAS A SOUL GROUP – has been postponed till the fall. It's now full, but if you'd like to be on a wait list, contact Mary Bennett, earthspiritucv@gmail.com

SHORT-TERM RENTAL WANTED: Does anyone have, or know of, a furnished bachelor or 1-bdrm suite available for September through December 2019, for a visiting professional/academic? (Ideally, Fairview/Kits) Please contact Paul Nash at mezzozoic@gmail.com

THANK YOU TO THE CANADIAN UNITARIAN COUNCIL! I am pleased to announce that our Harry Potter and UU Summer Theatre Camp has received a generous grant in the amount of \$3,000 from the [Canadian Unitarian Council's Sharing Our Faith Fund](#). This grant will help us hire camp staff at a fair compensation rate, provide an excellent student-counsellor ratio, and insure affordability for Vancouver families. Check out our summer camp web page at www.vancouverunitarians.ca/education/summer-camp for more details.

UCV NEIGHBOURHOOD GROUPS:

- New Westminster: Rob Dainow (rdainow@shaw.ca)
- East Vancouver: Mairy Beam (mairyelesbea@gmail.com) and Paul Prescod (paul@prescod.net)
- Westside: Jeannie Corsi & Sheila Resels – contact ucvconnect@gmail.com
- Fairview/False Creek – Vivian Davidson (vdavidsonsc@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours.

WHERE IS THE PHONE NUMBER? If a printed announcement, a poster, or some other document doesn't include a phone number to call to find out more and you don't do email or whatever, just call the office – (604) 261-7204 – and ask for me to call you back. — George Atherton

OUTREACH OPPORTUNITIES FUND: This week's recipient of the Outreach Opportunities Fund will be the Downtown Eastside Women's Centre which every day supports over 500 women, children and seniors in crisis to meet their immediate health, housing and other needs. It helps women escape from poverty and violence by offering long-term support, education and peer mentorship. In addition, it advocates to increase awareness of inequalities and systemic injustice against women.

UCV CARE AND CONCERN COMMITTEE

A way to reach out in time of need: If you or others in the congregation are in need of support in times of transition, loss, illness, moving, etc., please contact: careandconcern@vancouverunitarians.ca. Sincerely, Rev. Steven Epperson

Do you receive our e-newsletters? If not, please go to vancouverunitarians.ca/newsletter to view recent newsletters (and sign up to receive in your inbox.)

Next Sunday Service: June 23, 2019

Our First Principle
Rev. Steven Epperson

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS

Denise Swanson, Eva Allan

FLOWERS

Diane Donaldson

LUNCH

Love Soup!

LIBRARY AND LITERATURE STALL

Frances Anderson, David Buchanan

SOUND

Kaelyn Elfert

GREETERS

Carolyn Grant, Setty Pendakur, Shirley McLeod, Denise Nereida

WELCOME AND INFORMATION TABLE

Philomene Jahnke

CARETAKER(S)

Paul Nash, Marie Witt, Max Carranza



We actively welcome people of all sexual orientations and gender identities!

Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER	Rev. Steven Epperson
COMMUNITY MINISTER	Rev. Laura Imayoshi
DIRECTOR OF RELIGIOUS EDUCATION	Kiersten Moore
CHOIR DIRECTOR	Donna Brown
MUSIC DIRECTOR	Elliott Dainow
CASUAL CARETAKERS	Ben Yeung, Paul Nash, Igor Santizo, Edgar Silveira, Vivian Davidson, Matt Yeung
RE STAFF	Doug Ennenberg, Jannika Nyberg
YOUTH COORDINATOR	Olivia Hall
CONGREGATIONAL ADMINISTRATOR	Aurora Eyolfson
OFFICE ASSISTANT/ ORDER OF SERVICE	Marcus Hynes
BOOKKEEPER	Gordon Lowe
LAY CHAPLAINS	Lauren Stokes, Cheryl Amundsen, Louise Bunn

Office Hours: Monday to Thursday, 9:30 am to 2 pm; Friday, 9 am – 1 pm (by appointment);
Sunday, 10 am to 1 pm | **Telephone:** 604-261-7204

Email: info@vancouverunitarians.ca | **Web:** www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians | **Instagram:** instagram.com/vancouverunitarian

To subscribe to the email version of the *UCV Events & Order of Service*, go to
www.vancouverunitarians.ca/newsletter.