



Cow's Skull: Red White and Blue – Georgia O'Keeffe

## *Peak Bull*

Rev. Steven Epperson

September 23, 2018

# UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



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*The prelude helps to create a spirit for shared celebration and worship.  
Please refrain from conversing and please turn off your cell phones.*

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## ***Warm Welcome!***

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

## **THANK YOU TO THE SUPPORT TEAM TODAY:**

### **COFFEE SET UP AND SERVERS**

Karen Hertz, Melody Mason, Gerda Schulz

### **FLOWERS**

Carolyn Innes

### **LIBRARY AND LITERATURE STALL**

Aphrodite Harris, Hilda Wiebe

### **SOUND**

Rob Greig

### **GREETERS**

John Smith, Greg Grant, Denise Nereida

### **WELCOME AND INFORMATION TABLE**

Hanno Pinder, Philomene Jahnke

### **CARETAKER(S)**

Paul Nash

## **TODAY AT UCV**

**MEDITATION:** Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Family Room. There is brief guidance at the beginning of each sit. Inquiries: [victoriaoginski@gmail.com](mailto:victoriaoginski@gmail.com)

**SERMON DISCUSSION,** 12:15 – 1 pm at a designated table in the Hall. Newcomers/regulars welcome!

**FORUM:** *Kids Takeover Update and Input.* In June, we had a very active and thought-provoking forum focused on kids and UCV. Come along and hear what was discussed and add to the ideas of what a Kids Takeover UCV Arts Festival (or movement!) could look like. Comments and suggestions ranged all over the map and we think you'll find some are quite provocative; some quite do-able and others needing more discussion... I hope that intrigues you enough to join the forum. We hope to have some of our kids present to share their perspectives on our congregation and perhaps offer a game or two for our enjoyment. You can learn more about the idea of a Kids Takeover UCV festival here: <http://vancouverunitarians.ca/kids-takeover/>

## ***Families with Children, Welcome!***

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information [www.vancouverunitarians.ca](http://www.vancouverunitarians.ca) or email Kiersten at [dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca) There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

**Buddy Bags** with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

**Nursing parents** are welcome in any part of our building, if you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

### ***Children and Youth on Sundays***

Everyone begins the morning together in the Sanctuary for the first 10-15 minutes of Worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for Worship together (nursery care is available during all-ages services), 2<sup>nd</sup> to 5<sup>th</sup> Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre. **Responsible adults must pick up children under age 9 from their classroom at 12:15**, Youth Group runs until 12:30, older children and youth will be released to meet their family in the Hall for coffee hour. You may join your child in Explorations, but we encourage giving them their own time whenever possible.

### ***Colour Buttons Identify Teachers and Advisers***

**Orange:** Toddler Watch--attending to babies and children under 4 within the Children's Program.

**Green:** Children's Program Leaders and Assistants

**Yellow:** Youth Advisers

**Children and babies** are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their 'Buddy Bag' to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

# Celebration of Worship: September 23, 2018

<b>Prelude</b>	<i>Prelude 1, 2</i> <i>Variations (Molto Andante)*</i> <i>Variations (Ballad)*</i>	Bartok Bartok Bartok E. Dainow, piano
<b>Opening Words/Greeting Our Neighbours</b>		Rev. Steven Epperson
<b>Kindling the Chalice Flame</b>		Rev. Steven Epperson
<b>Opening Hymn</b>	<b>#118</b> <i>This Little Light of Mine</i>	
<b>Story for All Ages</b>		Read by Rev. Steven Epperson
<i>Let's sing the children out...</i>		
<b>Announcements</b>		Rob Taylor
<b>Reading from the Book of Celebrations and Concerns</b>		Rob Taylor
<b>Offering:</b> <i>We deeply appreciate your presence here, your offerings and the gifts you share.</i>	<i>Little White Lie / Naughty Boy</i>	Bartok E. Dainow, piano
<b>Meditation, Spoken then Silent</b>		
<b>Musical Response</b>	<i>Mountain Horn Variations *</i>	Bartok / arr't E. Dainow E Dainow, piano
<b>Homily</b>		Rev. Steven Epperson
	<b><i>Peak Bull</i></b>	
<b>Closing Hymn</b>	<b># 189</b> <i>Light of Ages and of Nations</i>	
<b>Closing Words</b>		Rev. Steven Epperson
<b>Extinguishing the Chalice Flame</b>		Rev. Steven Epperson
<b>Valediction</b>	<i>Carry the flame of peace and love, until we meet again.</i> <i>Carry the flame of peace and love, until we meet again</i>	

\* *The 3 sets of variations on a theme I am playing today reflect different names for the truth. Elliott*

## UPCOMING UCV COMMUNITY EVENTS

**DANCE YOUR GRATITUDE – CIRCLE DANCE INTRODUCTION:** Mon, Sep 24, 2018 at 7:00 pm - 8:30 pm – Hitschmanova. Mairy Beam and Mary Bennett are facilitating a monthly circle dance group for those who would like fewer, easier dances and (slightly) less time. We do only four dances in each session so people really learn the dances and a shorter time frame than the other 2-hour evening sessions. This month we'll dance to songs that have a theme of gratitude, in honour of the harvest season. RSVP appreciated but not required. [circledanceucv@gmail.com](mailto:circledanceucv@gmail.com)

**HEYUU MEN'S GATHERING:** Every year several Unitarian and like-minded men gather at Sasamat Outdoor Centre for a relaxing and inspiring weekend of collegial creative connection. This year it is September 28-30. Find out more, and register now at [heyuu.ca](http://heyuu.ca)!

**SEPTEMBER MOVEABLE FEAST** is taking place on the 29<sup>th</sup> at 6:00 pm, and will take place at New India Buffet's new location, 901 West Broadway at Laurel. <http://www.newindiabuffet.com>. To reserve a place at our table, reply to [karen.bartlett@ubc.ca](mailto:karen.bartlett@ubc.ca) (cell (604) 315-3922).

**SEPTEMBER 30 FORUM:** "*Field, Forage and Feast: the Japanese Kitchen Garden*" – Makiko Suzuki presenter, Tama Copithorne and Amy Anderson facilitators.

Japanese vegetables have been grown in Canada since the first arrival of Japanese settlers. The kitchen garden was where the Japanese Canadian community grew their vegetables. Easy to grow and nutritionally dense; however, there are some challenges in trying to grow these vegetables in the Canadian climate. Given that there is little information available in English, for the past year the Tonari Gumi Garden Club led a research project and sought out information on how to successfully grow these vegetables. This workshop will highlight some of these vegetables; to grow, forage and to enjoy in simple delicious recipes. This information will be woven through the historical context that our elders experienced.

**EARTH SPIRIT CIRCLE MONTHLY GATHERING:** Tue, Oct 2, 2018 at 6:00 pm – 7:00 pm – Mairy Beam will facilitate our monthly Earth Spirit Circle this month. RSVP appreciated but not required. [earthspiritucv@gmail.com](mailto:earthspiritucv@gmail.com)

**YASODHARA VANCOUVER INVITES YOU TO SATSANG:** Yasodhara Vancouver invites you to Satsang. Sunday, Sep. 30, 1:00 pm in Hitschmanova. An hour of uplifting songs, ceremony and chanting. This spiritual tradition emphasizes the devotional and nurturing qualities of the Divine Feminine. During my stay at the ashram many Unitarian songs and ideals came to me. They inspired me to share with you Satsang. This is a free event - any questions, contact Elektra at 604-215-2786.

## UCV COMMUNITY ANNOUNCEMENTS

**LOVE SOUP:** Last Sunday's Love Soup was very successful, thanks to all of your help and support! This is our 5th Season and will continue on the third Sunday of each month until next June. If you would like to share your favorite soups and desserts, please bring them to us. Your help in any shape and form would be very much appreciated. Love Soup is all of our combined effort for all of us. See you on the 3<sup>rd</sup> Sunday, October 21!

**PAGANISM 101** is now full. Contact [earthspiritucv@gmail.com](mailto:earthspiritucv@gmail.com) for other earth spirit/pagan events.

**THE UCV BOOK GROUP** next meet on Oct 14 from 12:30 – 2:00 pm, in Biddle. The book *Forgiveness* by Mark Sakamoto invites you to a unique view of some Canadian history, of Japanese and Canadians from both sides of the Pacific, through his family story.

**NEW ART EXHIBITION:** Paintings by Richard Reiner. Self-taught, Richard paints in acrylics. He favors a realistic style with a preference for outdoor scenery. His works include rocky English Bay from Jericho Park and places in Richmond including the colourful Finn Slough community. On now though the end of September.

**NEW BENCHES FOR UCV CAMPUS:** The Buildings and Grounds Committee has approved the design for new benches in the public areas of the campus, replacing the remaining aging structures. A prototype is installed in the East Memorial Garden. The \$900 cost of this new bench is being paid for in part by a member (a larger 3-person version will be more).

We invite other members and adherents to contribute to the funding for these new benches. Individual donations or donations from groups and families are welcome. A commemorative plaque can be included if there is a wish to recognize a person or a UCV project. Arrangement for a charitable receipt can be made. For more information please contact Michael Clague: [mclague@telus.net](mailto:mclague@telus.net)

**COFFEE SERVICE:** Thanks to those who have offered to help. Much appreciated! We still have a couple of regular spots to fill. We need servers for the 3rd and 4th Sunday of each month. If you can't commit to be a regular helper, please consider becoming a spare. Please contact Eva Allan at [eallan@telus.net](mailto:eallan@telus.net) or at 604-738-4062.

**GENDERS AND SEXUALITIES ALLIANCE:** We plan to recertify as a congregation welcoming to LGBTQ+ members and visitors. Would you join our GSA (Genders and Sexualities Alliance)? Mary Bennett – [sharingucv@gmail.com](mailto:sharingucv@gmail.com)  
<http://vancouverunitarians.ca/about-us/lgbtq/>



**JOIN OUR SUNDAY MORNING GREETERS (AKA THE USHERS):** We are looking for people who have one hour once a month to volunteer and join us in welcoming visitors and members of the congregation to Sunday morning worship service. Greeters hand out the Order of Service and collect the offertory. After the offertory you can sit in the Sanctuary for the remainder of the service. This is a pleasant way to meet other people, and to take a role in the life of our community. You will join an experienced team of greeters on the Sunday of your choice. No experience necessary – on the job training provided! For more information, please contact Denise Nereida at 604-731-7630 / [ditzah@telus.net](mailto:ditzah@telus.net) or Margo Elfert at 604-276-1610 / [margoe@telus.net](mailto:margoe@telus.net)

**OFFICE VOLUNTEERS NEEDED:** Office staff are looking for volunteers to provide a presence at the reception desk on Sundays from 10 am - 1 pm. Training will be provided. If interested, please call Aurora at 604-261-7204, extension 224, or email [ca@vancouverunitarians.ca](mailto:ca@vancouverunitarians.ca).

**OUTREACH OPPORTUNITIES FUND NOMINATIONS:** Every year, the OOF Committee selects three recipients to be given 25% of the funds from the Sunday collection. Traditionally, the committee has selected the beneficiaries of the fund but this year we would first like to seek nominations from the wider congregation. Nominated organizations must comply with OOF's selection criteria. For more information

go to the UCV website or check the notice board in Hewett Hall for nomination forms. Contact Melody Mason with any queries.

**COVENANT GROUPS:** Two groups (2<sup>nd</sup> Thursday and 4<sup>th</sup> Sunday) are accepting new members. Contact [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com) to be put in touch (or check event listings on web.)

**OTHER NEIGHBOURHOOD GROUPS:**

- New Westminster: Rob Dainow ([rdainow@shaw.ca](mailto:rdainow@shaw.ca))
- East Vancouver: Mairy Beam ([mairyelesbea@gmail.com](mailto:mairyelesbea@gmail.com)) and Paul Prescod ([paul@prescod.net](mailto:paul@prescod.net))
- Richmond/South of the Fraser: Drew Lemen ([lemen.drew@gmail.com](mailto:lemen.drew@gmail.com))
- Westside: Jeannie Corsi – contact [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com)
- Fairview/False Creek – Vivian Davidson ([vcdavidsen@gmail.com](mailto:vcdavidsen@gmail.com))

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com) for help at connecting with your neighbours. Mary can offer some suggestions of how to get started and facilitate introductions.

**THE ENVIRONMENT COMMITTEE** is exploring the idea of creating opportunities for people to bring their small household appliances to have them repaired (as we are able). We would like to hear from those who have a talent for making your appliances work again. If you enjoy fixing things, and would like to volunteer, please contact [tweedyx4@hotmail.com](mailto:tweedyx4@hotmail.com) or leave a message at 604-733-0370 or 604-261-7204.



**Next Sunday Service: September 30, 2018**

*Peace Like A River?*  
Rev. Steven Epperson



## **Our Vision**

*Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.*

## **Living Our Vision**

*As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.*

## **MINISTER AND STAFF**

**PARISH MINISTER**

Rev. Steven Epperson

**COMMUNITY MINISTER**

Rev. Laura Imayoshi

**DIRECTOR OF RELIGIOUS EDUCATION**

Kiersten Moore

**CHOIR DIRECTOR**

Donna Brown

**MUSIC DIRECTOR**

Elliott Dainow

**CASUAL CARETAKERS**

Ben Yeung, Paul Nash, Igor Santizo,  
Edgar Silveira, Vivian Davidson, Eric Sun

**RE STAFF**

Doug Ennenberg, Jannika Nyberg

**YOUTH COORDINATOR**

Olivia Hall

**CONGREGATIONAL ADMINISTRATOR**

Aurora Eyolfson

**OFFICE ASSISTANT/ ORDER OF SERVICE**

Marcus Hynes

**BOOKKEEPER**

Collene Harris

**LAY CHAPLAINS**

Laureen Stokes, Cheryl Amundsen,  
Louise Bunn

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