



## *The Religious Experience*

Rev. Fred Cappuccino

September 16, 2018

# UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



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*The prelude helps to create a spirit for shared celebration and worship.  
Please refrain from conversing and please turn off your cell phones.*

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## ***Warm Welcome!***

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The seats in the rear of the church are **reserved**: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers. The UCV Campus is a non-smoking environment.

## **THANK YOU TO THE SUPPORT TEAM TODAY:**

### **COFFEE SET UP AND SERVERS**

Karen Hertz, Kathy Sayers, Pat MacBain

### **FLOWERS**

Diane Donaldson

### **LIBRARY AND LITERATURE STALL**

Frances Anderson, David Buchanan

### **SOUND**

Kaelyn Elfert

### **GREETERS**

Shirley McLeod, Carolyn Grant, Denise Nereida

### **WELCOME AND INFORMATION TABLE**

Geoff Rempel, Wendy Bryan

### **CARETAKER(S)**

Paul Nash, Vivian Davidson

## **TODAY AT UCV**

**MEDITATION:** Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Family Room. There is brief guidance at the beginning of each sit. Inquiries: [victoriaoginski@gmail.com](mailto:victoriaoginski@gmail.com)

**SERMON DISCUSSION,** 12:15 – 1 pm at a designated table in the Hall. Newcomers/regulars welcome!

**FORUM:** *Are We a Church?:* Starting the conversation By the Name Change Task Force.

When we welcome folks to the Unitarian Church of Vancouver, are we really representing who we are? And are we really being welcoming to people of diverse beliefs and backgrounds? Is claiming the name 'church' the best way to represent our Judeo-Christian roots, and the beliefs of our congregation today? What else could we call ourselves? We on the Name Change Task Force don't know the answers, but we think it's time to have the conversation.

**LOVE SOUP** is today! This is our 5th Season. We are ready to serve you our delicious Soup, fresh salad and yummy dessert. Please come to our very friendly dining Room in the Hewett Centre and enjoy eating lunch with your friends and neighbors!

**AUTUMN EQUINOX:** Join Mary and Coral and others on the Garden Path Labyrinth (east side of Sanctuary) for an Autumn Equinox ritual along with herbal teas. (Rain? If it's raining hard, we'll meet in Lindsey in Hewett Hall -- and adjust the plan accordingly.)

## ***Families with Children, Welcome!***

Our Director of Religious Exploration, Kiersten Moore, coordinates a team of staff and volunteer teachers to provide programming for children (up to age 12) and youth (secondary school age). We build community, explore traditions and spiritual practices, ask big questions, and nurture individual power to bring love and justice forward. Visit our website for more information [www.vancouverunitarians.ca](http://www.vancouverunitarians.ca) or email Kiersten at [dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca) There are many volunteer opportunities within the program and it is a great way to be involved, deepen spirituality, and build connections.

**Buddy Bags** with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

**Children and babies are welcome to remain** with their adult family members through the service if they prefer. Nursing parents are welcome in any part of our building. If you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

### ***Children and Youth on Sundays***

Everyone begins the morning together in the Sanctuary for the first 10-15 minutes of Worship through the *Story for All Ages*. The First Sunday of each month everyone remains in the Sanctuary for Worship together, 2<sup>nd</sup> to 5<sup>th</sup> Sundays children (up to 12) and youth (13-19) continue their Explorations across the courtyard in Hewett Centre. **Responsible adults must pick up children under age 9** from their classroom at 12:15, older children and youth will be released to meet their family in the Hall for coffee hour.

### ***Toddler Watch Team***

Trained volunteers are available most Sundays to attend to babies and children under 4 within the Children's Program. Look for the Children's Guide with the bright orange button or check in with the Leader—bright pink. You may join your child in Explorations if that works best for your family.

**Children and babies** are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly explain what is going on, how people are listening or participating.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their 'Buddy Bag' to help them concentrate on worship.
- If your child needs to leave the service, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

# Celebration of Worship: September 16, 2018

<b>Prelude</b>	<i>Partita #1 (excerpts)</i>	Bach* E. Dainow, piano
<b>Invocation</b>	<i>Come, Come, Whoever You Are</i>	L. Ungar With the Chalice Choir
<b>Opening Words/Greeting Our Neighbours</b>		Rev. Steven Epperson
<b>Kindling the Chalice Flame</b>		Rev. Steven Epperson
<b>Opening Hymn</b>	<b>#126</b> <i>Come Thou Fount</i>	
<b>Story for All Ages</b>		Read by Rev. Steven Epperson
<i>Let's sing the children out...</i>		
<b>Announcements</b>		Huguette Hayden
<b>Reading from the Book of Celebrations and Concerns</b>		Huguette Hayden
<b>Offering:</b> <i>We deeply appreciate your presence here, your offerings and the gifts you share.</i>	<i>Gavottes 1,2 (cello suite #6)</i>	Bach E. Dainow, piano
<b>Meditation</b>	<i>The Span of Life Passes</i>	Read by Rev. Fred Cappuccino
<b>Hymn</b>	<b>#207</b> <i>Earth Was Given as a Garden</i>	
<b>Musical Response/Anthem</b>	<i>Beauty All Around Us</i>	L. Nickel With the Chalice Choir
<b>Homily</b>		Rev. Fred Cappuccino
<b><i>The Religious Experience</i></b>		
<b>Closing Hymn</b>	<b># 209</b> <i>Oh Come, You Longing Thirsty Souls</i>	
<b>Closing Words</b>		Read by Rev. Fred Cappuccino
<b>Extinguishing the Chalice Flame</b>		
<b>Valediction</b>	<i>Carry the flame of peace and love, until we meet again. Carry the flame of peace and love, until we meet again</i>	

## UPCOMING UCV COMMUNITY EVENTS

**HEYUU MEN'S GATHERING:** Every year several Unitarian and like-minded men gather at Sasamat Outdoor Centre for a relaxing and inspiring weekend of collegial creative connection. This year it is September 28-30. Find out more, and register now at [heyuu.ca](http://heyuu.ca)!

**SEPTEMBER MOVEABLE FEAST** is taking place on the 30<sup>th</sup> at 6:00 pm, and will take place at New India Buffet's new location, 901 West Broadway at Laurel. <http://www.newindiabuffet.com>. To reserve a place at our table, reply to [dscrosbie@uniserve.com](mailto:dscrosbie@uniserve.com) or call 778-686-7987.

**SEPTEMBER 30 FORUM:** "*Field, Forage and Feast: the Japanese Kitchen Garden*" – Makiko Suzuki presenter, Tama Copithorne and Amy Anderson facilitators.

Japanese vegetables have been grown in Canada since the first arrival of Japanese settlers. The kitchen garden was where the Japanese Canadian community grew their vegetables. Easy to grow and nutritionally dense; however, there are some challenges in trying to grow these vegetables in the Canadian climate. Given that there is little information available in English, for the past year the Tonari Gumi Garden Club led a research project and sought out information on how to successfully grow these vegetables. This workshop will highlight some of these vegetables; to grow, forage and to enjoy in simple delicious recipes. This information will be woven through the historical context that our elders experienced.

## UCV COMMUNITY ANNOUNCEMENTS

**PAGANISM 101** is now full. Contact [earthspiritucv@gmail.com](mailto:earthspiritucv@gmail.com) or visit [vancouverunitarians.ca/earth-spirit](http://vancouverunitarians.ca/earth-spirit) for other earth spirit/pagan events.

**NEW ART EXHIBITION:** Paintings by Richard Reiner. Self-taught, Richard paints in acrylics. He favors a realistic style with a preference for outdoor scenery. His works include rocky English Bay from Jericho Park and places in Richmond including the colourful Finn Slough community. On now though the end of September.

**NEW BENCHES FOR UCV CAMPUS:** The Buildings and Grounds Committee has approved the design for new benches in the public areas of the campus, replacing the remaining aging structures. A prototype is installed in the East Memorial Garden. The \$900 cost of this new bench is being paid for in part by a member (a larger, 3 person version will be more).

We invite other members and adherents to contribute to the funding for these new benches. Individual donations or donations from groups and families are welcome. A commemorative plaque can be included if there is a wish to recognize a person or a UCV project. Arrangement for a charitable receipt can be made. For more information please contact Michael Clague: [mclague@telus.net](mailto:mclague@telus.net)

**COFFEE SERVICE:** Thanks to those who have offered to help. Much appreciated! We still have a couple of regular spots to fill. We need servers for the 3rd and 4th Sunday of each month. If you can't commit to be a regular helper, please consider becoming a spare. Please contact Eva Allan at [eallan@telus.net](mailto:eallan@telus.net) or at 604-738-4062.

**GENDERS AND SEXUALITIES ALLIANCE:** (part of Connect and Engage Team) - to plan to recertify as a congregation welcoming to LGBTQ+ members and visitors, we are forming a GSA (Genders and Sexualities Alliance). We hope to work with the other three Metro Vancouver congregations to offer programs in 2019. In the meantime, you are invited to offer suggestions and comments to Mary Bennett [sharingucv@gmail.com](mailto:sharingucv@gmail.com) to ensure we are living up to the commitments of the program. You can see the commitments and some useful links here: <http://vancouverunitarians.ca/about-us/lgbtq/>



**JOIN OUR SUNDAY MORNING GREETERS (AKA THE USHERS):** We are looking for people who have one hour once a month to volunteer and join us in welcoming visitors and members of the congregation to Sunday morning worship service. Greeters hand out the Order of Service and collect the offertory. After the offertory you can sit in the Sanctuary for the remainder of the service. This is a pleasant way to meet other people, and to take a role in the life of our community. You will join an experienced team of greeters on the Sunday of your choice. No experience necessary – on the job training provided! For more information, please contact Denise Nereida at 604-731-7630 / [ditzah@telus.net](mailto:ditzah@telus.net) or Margo Elfert at 604-276-1610 / [margoe@telus.net](mailto:margoe@telus.net)

**OFFICE VOLUNTEERS NEEDED:** Office staff are looking for volunteers to provide a presence at the reception desk on Sundays from 10 am - 1 pm. Training will be provided. If interested, please call Aurora at 604-261-7204, extension 224, or email [ca@vancouverunitarians.ca](mailto:ca@vancouverunitarians.ca).

**OUTREACH OPPORTUNITIES FUND NOMINATIONS:** Every year, the OOF Committee selects three recipients to be given 25% of the funds from the Sunday collection. Traditionally, the committee has selected the beneficiaries of the fund but this year we would first like to seek nominations from the wider congregation. Nominated organizations must comply with OOF's selection criteria. For more information go to the UCV website or check the notice board in Hewett Hall for nomination forms. Contact Melody Mason with any queries.

**COVENANT GROUPS:** Two groups (2<sup>nd</sup> Thursday and 4<sup>th</sup> Sunday) are accepting new members. Contact [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com) to be put in touch (or check event listings on web.)

**OTHER NEIGHBOURHOOD GROUPS:**

- New Westminster: Rob Dainow ([rdainow@shaw.ca](mailto:rdainow@shaw.ca))
- East Vancouver: Mairy Beam ([mairyelesbea@gmail.com](mailto:mairyelesbea@gmail.com)) and Paul Prescod ([paul@prescod.net](mailto:paul@prescod.net))
- Richmond/South of the Fraser: Drew Lemen ([lemen.drew@gmail.com](mailto:lemen.drew@gmail.com))
- Westside: Jeannie Corsi – contact [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com)

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett [ucvconnect@gmail.com](mailto:ucvconnect@gmail.com) for help at connecting with your neighbours. Mary can offer some suggestions of how to get started and facilitate introductions.

**THE ENVIRONMENT COMMITTEE** is exploring the idea of creating opportunities for people to bring their small household appliances to have them repaired (as we are able). We would like to hear from those who have a talent for making your appliances work again. If you enjoy fixing things, and would like to volunteer, please contact [tweedyx4@hotmail.com](mailto:tweedyx4@hotmail.com) or leave a message at 604-733-0370 or 604-261-7204.

## **AFFORDABLE HOUSING: WHAT WE CAN DO NOW**

*A Time-Sensitive Message from Rev. Steven Epperson*

Housing affordability in BC and the Metro Vancouver area continues to be a very real and pressing challenge to the residents of BC and the Vancouver area.

Last week, I spoke with Prof. Joshua Gordon, an SFU political scientist whose work focuses on public policy and housing. We talked at length about the chronic crisis in housing unaffordability, the challenges we face, and what remedies may be at hand. I also asked him what we can do *NOW* that might make a difference. Without missing beat, he said “get behind the BC government’s *Speculation Tax*; it’s a bold move that will really help to deliver housing affordability.” More specifically, he said: “Contact BC Green Party leader Andrew Weaver because he’s being aggressively lobbied to water the bill down. Tell him to support the government’s legislation; he’ll listen”.

So, I’m encouraging all of us to write and/or call Andrew Weaver (Prof. Gordon also mentioned Finance Minister Carol James) this week. Ask them to support the *Speculation Tax*. It targets those taking advantage of the housing market (driving up prices) and those leaving housing vacant that could be returned to the rental market.

For more information on the speculation bill, see:

<https://vancouver.sun.com/news/local-news/b-c-speculation-tax-heres-what-you-need-to-know>

Hon. Andrew Weaver, MLA  
Room 028, Parliament Buildings  
Victoria BC V8V 1X4  
250.387.8347  
[andrew.weaver.mla@leg.bc.ca](mailto:andrew.weaver.mla@leg.bc.ca)

Hon. Carol James, Finance Minister  
Room 153, Parliament Buildings  
Victoria, BC V8V 1X4  
250.387.3751  
[FIN.minister@gov.bc.ca](mailto:FIN.minister@gov.bc.ca)

**Next Sunday Service: September 23, 2018**

*Peak Bull*  
Rev. Steven Epperson



## **Our Vision**

*Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.*

## **Living Our Vision**

*As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.*

## **MINISTER AND STAFF**

**PARISH MINISTER**

Rev. Steven Epperson

**COMMUNITY MINISTER**

Rev. Laura Imayoshi

**DIRECTOR OF RELIGIOUS EDUCATION**

Kiersten Moore

**CHOIR DIRECTOR**

Donna Brown

**MUSIC DIRECTOR**

Elliott Dainow

**CASUAL CARETAKERS**

Ben Yeung, Paul Nash, Igor Santizo,  
Ken Godmere, Edgar Silveira, Vivian Davidson

**RE STAFF**

Doug Ennenberg, Jannika Nyberg

**YOUTH COORDINATOR**

Olivia Hall

**CONGREGATIONAL ADMINISTRATOR**

Aurora Eyolfson

**OFFICE ASSISTANT/ ORDER OF SERVICE**

Marcus Hynes

**BOOKKEEPER**

Collene Harris

**LAY CHAPLAINS**

Lauren Stokes, Cheryl Amundsen,  
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