



meeting on unceded, traditional  $x^w$ mə $\theta$ kwə $\dot{y}$ əm (Musqueam) land



## Reconnect to Life: Reflect, Renew, Rejoice!

Louise Mangan (The Multifaith Action Society)

July 15, 2018

Tel: 604-261-7204 info@vancouverunitarians.ca Fax: 604-261-7205 www.vancouverunitarians.ca

## UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



The prelude helps to create a spirit for shared celebration and worship. Please refrain from conversing and please turn off your cell phones.

#### Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

#### The Presence of Children is a Gift to the Church. Welcome!

If you are a new family visiting with children or babies please fill out a Children's Program visitor card at the Welcome Table so Kiersten Moore, our Director of Religious Exploration, can be in touch with you about our children, youth, and family programs.

Most Sundays, everyone begins the morning together in the Sanctuary for the first 10-15 minutes. We provide multi-age programming and special workshops for children ages 2-12 from 11:15 am – 12:15 pm. Community building, exploring traditions and values, questioning, and wondering are our goals. Babies and young toddlers may join us or stay with you in the Sanctuary.

**Buddy Bags** with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

The seats in the rear of the church are *reserved*: (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers.

The UCV Campus is a non-smoking environment.

### THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS
FLOWERS
LIBRARY AND LITERATURE STALL
SOUND
GREETERS
WELCOME AND INFORMATION TABLE
CARETAKER(S)

Melody Mason, Merva Cottle, Eric Chan Diane Donaldson Frances Anderson, David Buchanan Kaelyn Elfert Shirley McLeod, Carolyn Grant, Denise Nereida Geoff Rempel, Dianne Crosbie Marcus Hynes, Igor Santizo

## TODAY AT UCV

Parents of toddlers please check in at the Playroom with the Guides before the service. Depending on your child's needs and personality you and the Guides can decide whether your child stays with you or joins any older kids who attend.

**Children's Program:** We are committed to providing safe, compassionate, age-appropriate programming for all children and youth who attend or visit UCV. Our goal is to find the Fun with Meaning! Our Summer program is small and laid back, focused on games, gardening, and art led by volunteer guides and parents. Activities are open to both members and visitors. Everyone attends the start of service together through the chalice lighting, opening hymn, and story for all ages.

**After the story children ages 3-12** may join our Religious Exploration Guides in Hewett Centre for garden activities, games, and art. (see note above about children under age 3).

Children and babies are welcome to remain with their adult family members through the service if they prefer.

Please meet your child in the playroom (Servetus room—across the Hall from the kitchen) or in the garden after the service: children under age 9 will remain with the Guides until met by a responsible family member.

**Children and babies** are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly remind them what we do in worship and explain what is going on.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their 'Buddy Bag' to help them concentrate on worship.
- If you have to leave the service with your child, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

Nursing parents are welcome in any part of our building, if you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

Youth Group: Our High School Youth Group (grades 8-12) does not meet during the summer. During the school year our Youth Group is led collaboratively by the youth and trained advisors. They meet weekly to explore issues of faith development, social justice, life experiences, trials, tribulations, and joys of navigating life—through games and small group activities. Other activities include monthly youth sleepovers at the church, Regional UU Youth Conferences, and the UU-United Nations Office (NYC) Spring Seminar on Global Migration in April. Please contact Olivia Hall (oliviahmargaret@gmail.com) or Kiersten Moore (dre@vancouverunitarians.ca) for more information.

**MEDITATION:** Join us for the Sunday morning sitting meditation at 10 - 10:45 am in the Family Room. There is brief guidance at the beginning of each sit. Inquiries: <u>victoriaoginski@gmail.com</u>

## Celebration of Worship: July 15, 2018

**Prelude** Colours of the Wind Alan Menken & Stephen Schwartz

Empty Chairs at Empty Tables A Whole New World

Claude-Michel Schonberg Alan Menken & Tim Rice

Elaine Joe, Piano

**Opening Words** Tara Bonham

Welcome and Greeting Our Neighbours Tara Bonham

**Kindling the Chalice Flame** Tara Bonham

**Opening Hymn** #163 For the Earth Forever Turning

**Story for All Ages** Written by Douglas Wood Making the World

Illustrated by Yoshi and Hibiki Miyazaki

Read by Louise Mangan

Children's Recessional Let's sing the children out...

"Go now in peace, go now in peace, may the spirit of love surround you, everywhere, everywhere, you may go"

**Announcements** Marg Fletcher

Reading from the Book of Marg Fletcher

**Celebrations and Concerns** 

**Offering:** We deeply appreciate *Imagine* John Lennon Elaine Joe, Piano

your presence here, your

offerings and the gifts you share.

**Introduction to Meditation** Louise Mangan

**Silence for Meditation** 

**Musical Response** Peaceful Tide Philip Keveren

Elaine Joe, Piano

**Congregational Chant** Lead by Acharya Shrinath Dwivedi

Reconnect to Life: Reflect, Renew, Rejoice!

Louise Mangan

**Closing Hymn** #298 Wake Now My Senses Valediction

Carry the flame of peace and love, until we meet again. Carry the flame of peace and love, until we meet again.

# Next Sunday Service: July 22, 2018 *Home*

Laureen Stokes

## **UPCOMING UCV COMMUNITY EVENTS**

ART FUNDRAI\$ER FOR THE DEVELOPMENTAL DISABILITIES ASSOCIATION: Join Caede, co-Chair of the Arts Committee, Fri July 20th 2018, 4 – 9 pm. Celebrate Caede's special birthday and support one of her favorite charities. Take in the art exhibition, speak with Kim Almond, Art Coordinator for the DDA, purchase a piece of art, make a tax-deductible donation, create chalk art, walk the labyrinth, paint rainbow rocks, forage the garden for veggies, select an art oracle card and learn more about the artist. Your creativity and participation is encouraged. Bring a potluck dish to share for the dinner @ 5:30 pm. Dairy-free, low fodmap (includes gluten-free), vegan and veggie dishes appreciated. RSVP to Caede by July 17<sup>th</sup>. Text: 604-737-1825 or Email: <a href="mailto:pungente\_1@hotmail.com">pungente\_1@hotmail.com</a>. 949 West 49th Avenue @ Oak St, Unitarian Church of Vancouver. More about Developmental Disabilities Association here: <a href="https://www.develop.bc.ca/">https://www.develop.bc.ca/</a>

#### **EARTH SPIRIT COUNCIL EVENTS:**

- Thursday, July 19, 11 am 1pm: Gathering for Labyrinth, Art and dance We'll learn the dances that people all over the world are dancing for World Circle Dance Day. Contact: <a href="mailto:circledanceucv@gmail.com">circledanceucv@gmail.com</a>
- Tuesday, July 31, 7 9 pm: Lammas Celebrate the potato harvest with ritual, circle dance and feasting. For more info or to RSVP, contact <a href="mailto:earthspiritucv@gmail.com">earthspiritucv@gmail.com</a>
- Tuesday, August 7, 6 7 pm: Earth Spirit Circle Join us in Hitschmanova. We will likely go outside, weather permitting.
- Tuesday, August 7, 7:30 9 pm: Circle Dance Basics If you've been considering Sacred Circle Dance, this is for you. Mairy Beam is facilitating. Contact: <a href="mairylesbea@gmail.com">mairylesbea@gmail.com</a>

Subscribe to our monthly e-newsletter at <a href="www.vancouverunitarians.ca/earth-spirit">www.vancouverunitarians.ca/earth-spirit</a>.

**SEPTEMBER POT LUCK LUNCH:** If you've become a UCV member within the past 5 years, you're invited to a POT LUCK LUNCH, to meet other recent members, on Saturday, September 8th, noon – 3:00 pm, in the Fireside Room (Hewett Centre). Please contact Vivian Davidson at <a href="wdavidsonc@gmail.com">wdavidsonc@gmail.com</a> to register & let her know what food you'll bring. Sponsored by the Connect & Engage Team - Vivian, Cathy, Sheila

**SUBSCRIBE:** Sign up to get email reminders about upcoming news and events here: <a href="http://vancouverunitarians.ca/newsletter">http://vancouverunitarians.ca/newsletter</a>

#### **UCV COMMUNITY ANNOUNCEMENTS**

**COFFEE HELPERS GREATLY NEEDED.** Can you lend a hand once a month? We need Servers for the 3<sup>rd</sup> and 4<sup>th</sup> Sunday of each month. If you can't commit to be a regular helper, please consider becoming a spare. Please contact Eva Allan at <u>eallan@telus.net</u> or at 604-738-4062.

**OFFICE VOLUNTEERS NEEDED:** Office staff are looking for volunteers to provide a presence at the reception desk on Sundays from 10 am - 1 pm. Responsibilities include monitoring the office doors and greeting visitors, assisting people with the photocopier, answering basic administrative questions, and passing inquiries for which they don't have an answer on to the office staff. Training will be provided. If interested, please call Aurora at 604-261-7204, extension 224, or email <u>ca@vancouverunitarians.ca</u>.

**SUMMER CHILDREN'S PROGRAMMING – VOLUNTEERS NEEDED:** We are looking for more Volunteers for our Summer Children's Garden and Art program. Any Sunday without volunteers, children will remain in worship with their parents. You can sign-up on our website:

http://vancouverunitarians.ca/community/volunteer.
Our Summer program is small and laid back, focused on games, gardening, and art led by volunteer guides and parents. Activities are open to both members and visitors. Everyone attends the start of service together through the chalice lighting, opening hymn, and story for all ages.

**PREPARE FOR PRIDE:** Vancouver Pride is Sunday, August 5<sup>th</sup>. We'll hang a rainbow flag outside and paint rocks in rainbow colours. Perhaps we'll decide to re-certify as a "Welcoming Congregation" or offer the "Living the Welcoming Congregation" program.

Contact <a href="mailto:sharingucv@gmail.com">sharingucv@gmail.com</a> <a href="http://vancouverunitarians.ca/about-us/welcoming/">http://vancouverunitarians.ca/about-us/welcoming/</a> <a href="mailto:Did you know that:">Did you know that:</a>

- The original "gay flag" design had eight colours but pink and turquoise were removed for production reasons. Blue and indigo were combined to be 'royal blue', so flags usually have six rainbow colours instead of seven.
- Each colour had a meaning attached to it:
  - o Life (red)
  - Healing (orange)
  - Sunlight (yellow)
  - o Nature (green)
  - o Harmony/peace (blue)
  - Spirit (purple/violet)
  - The removed colours stood for sexuality (pink) and art/magic (turquoise)

Contact: <a href="mailto:sharingucv@gmail.com">sharingucv@gmail.com</a> | Web: <a href="www.vancouverunitarians.ca/about-us/welcoming">www.vancouverunitarians.ca/about-us/welcoming</a>

**COVENANT GROUPS:** Two groups (2<sup>nd</sup> Thursday and 4<sup>th</sup> Sunday) are accepting new members. Contact <u>ucvconnect@gmail.com</u> to be put in touch (or check event listings on web.)

**NEIGHBOURHOOD GROUPS:** More at: <a href="http://vancouverunitarians.ca/neighbourhood-groups/">http://vancouverunitarians.ca/neighbourhood-groups/</a>. Contact <a href="http://vancouverunitarians.ca/neighbourhood-groups/">ucvconnect@gmail.com</a> to be added to your neighbourhood's email list.

THE WESTSIDE UNITARIAN NEIGHBOURHOOD GROUP will continue meeting on the 4<sup>th</sup> Tuesday 2:30 – 5pm over the summer at Jeannie Corsi's house (next meeting: July 24). 4311 W. 14th Ave. (wheelchair accessible).RSVP essential as space is limited. Contact ucvconnect@gmail.com

**SOUTH VANCOUVER NEIGHBOURHOOD GROUP** will meet monthly for a potluck and discussion on the 3<sup>rd</sup> Tuesday of each month at the home of Muriel and Jack, starting September 15. Come at 5:30, dinner at 6. RSVP to Jean Stanton, 604-263-4492. RSVP essential as space is limited.

**VISITING MDIV STUDENT AND LONGTIME UNITARIAN** from Northern California, Clovis A. Lewis, seeking 6 months accommodation in Vancouver for himself and his wife. For more information about Clovis or to read some of his sermons, visit <a href="https://clovicelewis.weebly.com/">https://clovicelewis.weebly.com/</a>. He can be contacted at <a href="clewis@ses.sksm.edu">clewis@ses.sksm.edu</a> or by phone at (707) 972-0129.

UCV WILDERNESS CAMP: Are you searching for a restorative week surrounded by natural beauty? Fry Creek is the place for you! This magical camp, founded by Phillip Hewett and others 53 years ago, is on the east shore of Kootenay Lake. Come discover the calm harmony that's hard to find in the busy city - no cell phone service and no internet! If you feel like socializing, there are Unitarians from Vancouver, Rossland, Calgary, Nelson, Seattle and other places in the Pacific Northwest. If you feel like solitude, there's lots and lots of room to explore on land or on water, and beautiful places to quietly sit, read, draw, listen and look. The camp is open during July and August. Everything you need to know can be found here: <a href="https://kootenaywildernesscamping.org/">https://kootenaywildernesscamping.org/</a>. For additional information, contact dcrosbie@uniserve.com

**OUTREACH OPPORTUNITIES FUND:** The Outreach Opportunities Fund will be collecting for the Orphaned Wildlife Rehabilitation Society (OWL) from June to September. OWL is a non-profit organization whose staff and volunteers are dedicated to public education and the rehabilitation and release of injured and orphaned raptors.

**ONLINE ROOM BOOKINGS:** Committee and congregants are encouraged to try requesting room bookings using our new online bookings form, found at <a href="https://ucv.mid.as/webrequest.pl">https://ucv.mid.as/webrequest.pl</a>. For questions/troubleshooting, contact Marcus at 604-261-7204 or <a href="marcus@vancouverunitarians.ca">marcus@vancouverunitarians.ca</a>.

#### **OUTSIDE EVENTS & ANNOUNCEMENTS**

**ART IS WELLNESS, MUSIC IS LIFE:** A benefit concert for the Highs & Lows mental health choir, who rehearse at UCV on Tuesday mornings. Great music, art, and refreshments, raffle prizes, and more. Featuring Sarah Jickling, Quatro and the Highs and Lows Choir. July 21, 6:30 pm, St. Columba Presbyterian Church, 2196 East 44 Ave. Tickets \$20 at the door (or pay what you can).

CREATIVE ARTS ELIOT CAMP 2018 for UUs and their Friends and Families. *Creative Arts Eliot* takes place in Seabeck, WA, August 11-15, 2018, and offers UUs and friends a multi-generational camp experience with workshops in Photography, Poetry, Painting, Songwriting and more. Campers choose one or two workshops to focus on and spend the rest of their time enjoying the waterfront, campfires, singing, UU community, games, evening programs and entertainment, including an Extravaganza on the last day to showcase everyone's creativity. For more info, contact <a href="mailto:Eliotregistrar@gmail.com">Eliotregistrar@gmail.com</a> or visit our website at www.eliotinstitute.org.

The red pulpit hanging in the Sanctuary is a gift from our partner church in Brasso, Romania





#### **Our Vision**

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

#### **Living Our Vision**

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

#### MINISTER AND STAFF

PARISH MINISTER
COMMUNITY MINISTER
DIRECTOR OF RELIGIOUS EDUCATION
CHOIR DIRECTOR
MUSIC DIRECTOR
CASUAL CARETAKERS

**RE STAFF** 

CONGREGATIONAL ADMINISTRATOR OFFICE ASSISTANT/ ORDER OF SERVICE BOOKKEEPER LAY CHAPLAINS Rev. Steven Epperson Rev. Laura Imayoshi Kiersten Moore Donna Brown Elliott Dainow

Ben Yeung, Paul Nash, Igor Santizo, Ken Godmere, Edgar Silveira, Vivian Davidson Doug Ennenberg, Olivia Hall, Julie Worden,

Jannika Nyberg Aurora Eyolfson Marcus Hynes Collene Harris

Nan Gregory, Louise Bunn

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Online: <u>www.vancouverunitarians.ca</u>

Facebook: facebook.com/vancouverunitarians.ca

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