

Finding My Spiritual Path

Karl Perrin

August 5, 2018

UNITARIAN CHURCH OF VANCOUVER



At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



*The prelude helps to create a spirit for shared celebration and worship.
Please refrain from conversing and please turn off your cell phones.*

Warm Welcome!

Please visit our Visitors' Table in the Sanctuary foyer and get a nametag. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our congregation. Look for people wearing yellow nametags, who are welcoming you today.

The Presence of Children is a Gift to the Church. Welcome!

If you are a new family visiting with children or babies please fill out a Children's Program visitor card at the Welcome Table so Kiersten Moore, our Director of Religious Exploration, can be in touch with you about our children, youth, and family programs.

Most Sundays, everyone begins the morning together in the Sanctuary for the first 10-15 minutes. We provide multi-age programming and special workshops for children ages 2-12 from 11:15 am – 12:15 pm. Community building, exploring traditions and values, questioning, and wondering are our goals. Babies and young toddlers may join us or stay with you in the Sanctuary.

Buddy Bags with a small stuffie, themed colouring book, and crayons are available in the foyer for use during the service. Please return them to the basket at the end; you may keep the colouring book. There is also a playroom for family use across from the kitchen in Hewett Centre.

<p>The seats in the rear of the church are <i>reserved:</i> (when facing the front) left side for those needing to slip in and out of the service, and right side for persons in wheelchairs & strollers.</p>
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The UCV Campus is a non-smoking environment.

THANK YOU TO THE SUPPORT TEAM TODAY:

COFFEE SET UP AND SERVERS

Karen Hertz, Catherine Stewart and Eva Allan

FLOWERS

Chris Pearce

LIBRARY AND LITERATURE STALL

Jean Stanton, Lindsay Udem

SOUND

Rob Taylor

GREETERS

Ursula Litzcke, Gerda Shultz, Margo Elfert

WELCOME AND INFORMATION TABLE

Alison Pearson, Huguette S. Hayden

CARETAKER(S)

Paul Nash

TODAY AT UCV

Parents of toddlers please check in at the Playroom with the Guides before the service. Depending on your child's needs and personality you and the Guides can decide whether your child stays with you or joins any older kids who attend.

Children's Program: We are committed to providing safe, compassionate, age-appropriate programming for all children and youth who attend or visit UCV. Our goal is to find the Fun with Meaning! Our Summer program is small and laid back, focused on games, gardening, and art led by volunteer guides and parents. Activities are open to both members and visitors. Everyone attends the start of service together through the chalice lighting, opening hymn, and story for all ages.

After the story children ages 3-12 may join our Religious Exploration Guides in Hewett Centre for garden activities, games, and art. (see note above about children under age 3).

Children and babies are welcome to remain with their adult family members through the service if they prefer.

Please meet your child in the playroom (Servetus room—across the Hall from the kitchen) or in the garden after the service: children under age 9 will remain with the Guides until met by a responsible family member.

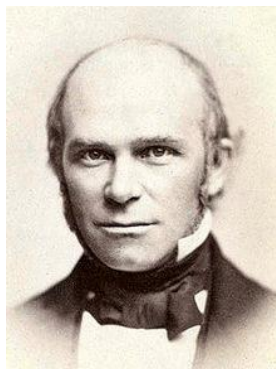
Children and babies are always welcome in our worship services. To parents and responsible adults, we offer some tips to help you and your children be at ease:

- Mother Nature put the wiggle in children; don't feel you have to suppress it in our church.
- Sit towards the front where your child can see what is going on; backs of heads are boring! Help your child by being a role model.
- Gently and quietly remind them what we do in worship and explain what is going on.
- Answer your child's questions with a quiet whisper—they often whisper back.
- Encourage your child to work with their 'Buddy Bag' to help them concentrate on worship.
- If you have to leave the service with your child, please feel free to come back. We believe children belong in sacred spaces.
- The service can also be heard in the foyer and in Hewett Hall where a playroom is open for your use.

Nursing parents are welcome in any part of our building, if you wish for more privacy there is a comfy chair and a rocking chair in the Hewett Hall playroom.

MEDITATION: Join us for the Sunday morning sitting meditation at 10 – 10:45 am in the Family Room. There is brief guidance at the beginning of each sit. Inquiries: victoriaoginski@gmail.com

Theodore Parker *circa* 1855



Celebration of Worship: August 5, 2018

Prelude	<i>What A Wonderful World</i>	Thiele, Weiss Patrick Dubois, Piano
Welcome and Greeting Our Neighbours		Tara Bonham
Opening Words		Tara Bonham
Kindling the Chalice Flame		Tara Bonham
Opening Hymn	#188 <i>Come, Come Whoever You Are</i>	
Story for All Ages	Theodore Parker's Loaded Pistol	read by Tara Bonham
Children's Recessional	Let's sing the children out...	
<p><i>"Go now in peace, go now in peace, may the spirit of love surround you, everywhere, everywhere, you may go"</i></p>		
Announcements		Huguette S. Hayden
Reading from the Book of Celebrations and Concerns		Huguette S. Hayden
Offering: <i>We deeply appreciate your presence here, your offerings and the gifts you share.</i>	<i>The Secret Life of Plants</i>	Stevie Wonder Patrick Dubois, Piano
Meditation – Spoken, then Silent		Karl Perrin
Reflection		
Musical Response	<i>Small Green Island</i>	Susan Osborn Tara Bonham, Vocals Patrick Dubois, Piano
Sermon		Karl Perrin
<p style="text-align: center;"><i>Finding My Spiritual Path</i></p>		
Closing Words & Extinguishing the Chalice Flame		Tara Bonham
Closing Hymn	# 1028 <i>The Fire of Commitment</i>	
Valediction	<i>Carry the flame of peace and love, until we meet again. Carry the flame of peace and love, until we meet again.</i>	

Next Sunday Service: August 12, 2018

Air Communion

Louise Bunn

UPCOMING UCV COMMUNITY EVENTS

EARTH SPIRIT COUNCIL EVENTS:

- Tuesday, Aug. 7 6-7pm **EARTH SPIRIT CIRCLE**. Join us in Hitschmanova. We will likely go outside weather permitting. Cindy is coordinating
- Tuesday, Aug. 7 7:30-9pm: **CIRCLE DANCE BASICS**: If you've been considering sacred circle dance, this is for you. Mairy Beam is facilitating mairyebesbea@gmail.com

Subscribe to our monthly e-newsletter at www.vancouverunitarians.ca/earth-spirit.

SEPTEMBER POT LUCK LUNCH : If you've become a UCV member within the past 5 years, you're invited to a POT LUCK LUNCH, to meet other recent members, on Saturday, September 8th, noon – 3:00 pm, in the Fireside Room (Hewett Centre). Please contact Vivian Davidson at vdavidsonc@gmail.com to register & let her know what food you'll bring. Sponsored by the Connect & Engage Team - Vivian, Cathy, Sheila

SUBSCRIBE: Sign up to get email reminders about upcoming news and events here: <http://vancouverunitarians.ca/newsletter> Visit <http://vancouverunitarians.ca/calendar/> for a monthly calendar of all upcoming events!

UCV COMMUNITY ANNOUNCEMENTS

HAPPY PRIDE: Did you notice our corner sign wishing everyone “Happy Pride” and declaring our status as a Welcoming Congregation? Some of us would like to show our colours even more and re-certify as a “Welcoming Congregation” possibly in concert with the other three local congregations. Interested in being involved? Contact sharinguvcv@gmail.com <http://vancouverunitarians.ca/about-us/welcoming/>

COFFEE SERVICE: Thanks to those who have offered to help with coffee. We still have a couple of regular spots to fill. We need Servers for the 3rd and 4th Sunday of each month. If you can't commit to be a regular helper, please consider becoming a spare. Please contact Eva Allan at eallan@telus.net or at 604-738-4062.

OFFICE VOLUNTEERS NEEDED: Office staff are looking for volunteers to provide a presence at the reception desk on Sundays from 10 am - 1 pm. Responsibilities include monitoring the office doors and greeting visitors, assisting people with the photocopier, answering basic administrative questions, and passing inquiries for which they don't have an answer on to the office staff. Training will be provided. If interested, please call Aurora at 604-261-7204, extension 224, or email ca@vancouverunitarians.ca.

COVENANT GROUPS: Two groups (2nd Thursday and 4th Sunday) are accepting new members. Contact ucvconnect@gmail.com to be put in touch (or check event listings on web.)

NEW NEIGHBOURHOOD GROUP: Do you live in Fairview/False Creek or nearby? We're planning a first gathering at Kaya Malay restaurant on Broadway near Oak at end of August. Contact ucvconnect@gmail.com if interested. Vivian Davidson, member of the Connect & Engage team, is spearheading this group but she's away till late August. Contact vdavidsonc@gmail.com after August 23 with suggestions for your neighbourhood group.

THE WESTSIDE UNITARIAN NEIGHBOURHOOD GROUP will continue meeting on the 4th Tuesday 2:30 – 5pm over the summer at Jeannie Corsi's house (next meeting: Aug 28). 4311 W. 14th Ave. (wheelchair accessible). RSVP essential as space is limited. Contact ucvconnect@gmail.com

SOUTH VANCOUVER NEIGHBOURHOOD GROUP will meet monthly for a potluck and discussion on the 3rd Tuesday of each month at the home of Muriel and Jack, starting September 15. Come at 5:30, dinner at 6. RSVP to Jean Stanton, 604-263-4492. RSVP essential as space is limited.

OTHER NEIGHBOURHOOD GROUPS:

New Westminster: Rob Dainow rdainow@shaw.ca

East Vancouver: Mairy Beam mairyelesbea@gmail.com and Paul Prescod paul@prescod.net

Richmond/South of the Fraser: Drew Lemen lemen.drew@gmail.com

Is your neighbourhood not listed? Would you like to meet Unitarians who live near you? Contact Mary Bennett ucvconnect@gmail.com for help at connecting with your neighbours. Mary can offer some suggestions of how to get started and facilitate introductions.

UCV WILDERNESS CAMP: Are you searching for a restorative week surrounded by natural beauty? Fry Creek is the place for you! This magical camp, founded by Phillip Hewett and others 53 years ago, is on the east shore of Kootenay Lake. Come discover the calm harmony that's hard to find in the busy city - no cell phone service and no internet! If you feel like socializing, there are Unitarians from Vancouver, Rossland, Calgary, Nelson, Seattle and other places in the Pacific Northwest. If you feel like solitude, there's lots and lots of room to explore on land or on water, and beautiful places to quietly sit, read, draw, listen and look. The camp is open during July and August. Everything you need to know can be found here: <https://kootenaywildernesscamping.org/>. For additional information, contact dcrosbie@uniserive.com

THE CONNECT & ENGAGE TEAM now has 7 regular members and various advisors. Thanks to OoS' Announcements for attracting such fine folks. From Sheila (on behalf of the C&E team).

HUMAN RESOURCES COMMITTEE Likewise, OoS' announcements have brought the Human Resources Committee 3 new members. Thank you to the UCV community for your generous responses. From Sheila Resels, Chair of Human Resources Committee.

OUTREACH OPPORTUNITIES FUND: The Outreach Opportunities Fund will be collecting for the Orphaned Wildlife Rehabilitation Society (OWL) from June to September. OWL is a non-profit organization whose staff and volunteers are dedicated to public education and the rehabilitation and release of injured and orphaned raptors.

ONLINE ROOM BOOKINGS: Committee and congregants are encouraged to try requesting room bookings using our new online bookings form, found at <https://ucv.mid.as/webrequest.pl>. For questions/troubleshooting, contact Marcus at 604-261-7204 or marcus@vancouverunitarians.ca.

WALK OUR LABYRINTHS: For a meditative experience, please feel free to walk our two labyrinths at any time. The 3-circuit classical labyrinth is made from concrete pavers in the courtyard. The garden path labyrinth on the east side of the sanctuary is a double processional. Feel free to pick calendula blossoms and sprigs of lavender as you walk. There's also sage, rosemary, thyme, chives and various mints. Snip some to take home! Vancouverunitarians.ca/labyrinth email: unitarianlabyrinth@gmail.com

OUTSIDE EVENTS & ANNOUNCEMENTS

'RECONNECT TO LIFE' INTERFAITH CONFERENCE: Saturday, September 8 at UCV. Presented by UCV tenants the Multifaith Action Society and sponsored by the UCV Environment Committee. At this pre-[Parliament of the World's Religions](#) conference, we will gather together to build a meaningful, multicultural dialogue on the power of spirituality and 'spiritual activism' to engender global peace and harmony in the face of an uncertain future. Featuring keynote addresses from Chief Phil Lane Jr. and Rabbi Dr. Laura Kaplan, to be followed by participant-lead dialogue circles. Admission is free and all are welcome, but space is limited. Pre-register online at www.multifaithaction.org.

CREATIVE ARTS ELIOT CAMP 2018 for UUs and their Friends and Families. *Creative Arts Eliot* takes place in Seabeck, WA, August 11-15, 2018, and offers UUs and friends a multi-generational camp experience with workshops in Photography, Poetry, Painting, Songwriting and more. Campers choose one or two workshops to focus on and spend the rest of their time enjoying the waterfront, campfires, singing, UU community, games, evening programs and entertainment, including an Extravaganza on the last day to showcase everyone's creativity. For more info, contact Eliotregistrar@gmail.com or visit our website at www.eliotinstitute.org.



The red pulpit hanging in the Sanctuary is a gift from our partner church in Brasso, Romania

The wall hanging above the stage was created by Donna Hamilton for the UUA General Assembly in 1995.



Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.

MINISTER AND STAFF

PARISH MINISTER

Rev. Steven Epperson

COMMUNITY MINISTER

Rev. Laura Imayoshi

DIRECTOR OF RELIGIOUS EDUCATION

Kiersten Moore

CHOIR DIRECTOR

Donna Brown

MUSIC DIRECTOR

Elliott Dainow

CASUAL CARETAKERS

Ben Yeung, Paul Nash, Igor Santizo,

Ken Godmere, Edgar Silveira, Vivian Davidson

Doug Ennenberg, Olivia Hall, Julie Worden,

RE STAFF

Jannika Nyberg

CONGREGATIONAL ADMINISTRATOR

Aurora Eyolfson

OFFICE ASSISTANT/ ORDER OF SERVICE

Marcus Hynes

BOOKKEEPER

Collene Harris

LAY CHAPLAINS

Lauren Stokes, Cheryl Amundsen,

Louise Bunn

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Email: info@vancouverunitarians.ca

Online: www.vancouverunitarians.ca

Facebook: facebook.com/vancouverunitarians.ca

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