

Too much freedom inhibits choice.



Constructive narrowness clarifies choice.\*

*"Elysium" by Darby Barnard*

## *Degrees of Freedom*

Bryan Gick

– July 23, 2017 –

# UNITARIAN CHURCH OF VANCOUVER

Celebration of Worship

July 23, 2017

At the front of the church you will find unlit candles. You are welcome to light a candle in remembrance, in gratitude, in prayer, in celebration.



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*The prelude helps to create a spirit for shared celebration and worship.  
Please refrain from conversing and please turn off your cell phones.*

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## **Prelude**

*Amazing Grace*

arr. Amy Potter

*And So It Goes*

Billy Joel

*Empty Chairs at Empty Tables* Claude-Michel Schonberg

Piano: Elaine Joe

## **Opening Words/Greeting Our Neighbours**

Léonie Armstrong

## **Kindling the Chalice Flame**

*The Chalice is a Symbol* by Debra Faulk

Léonie Armstrong

## **Opening Hymn #153**

Oh, I Woke Up This Morning\*

## **Story for all Ages**

*14 Rats and a Ratcatcher* by Tamasin Cole

Léonie Armstrong

## **Children's Recessional**

*Go now in peace, go now in peace, may the spirit of love surround you, everywhere, everywhere you may go*

## **Welcome and Announcements**

Diane Brown

## **Reading from the Book of Celebrations and Concerns**

Diane Brown

**Offering:** *We deeply appreciate your presence here, your offerings and the gifts you share.*

*Au Printemps*

Edvard Grieg

## **Meditation/Prayer**

From the *Secular Buddhism* podcast with Noah Rashita, episode 23, "The Illusion of Free Will"

## **Musical Response**

*On Golden Pond*

Dave Grusin

# Degrees of Freedom

Bryan Gick\*\*

Closing Hymn #291

Die Gedanken Sind Frei\*\*\*

Closing Words / Extinguishing the Chalice  
Flame

*Carry the Flame* by Brian Kiely  
Léonie Armstrong

**Valediction**      *Carry the flame of peace and love, until we meet again.  
Carry the flame of peace and love, until we meet again.*

\* Reverend Osby of Aurora, Illinois created this revamp of an old gospel song 'I woke up this morning with my mind stayed on Jesus' while spending time in Hinds County jail during the freedom rides of the Civil Rights Movement.

\*\* Bryan Gick is Professor and Head of the UBC Linguistics Department, a Senior Scientist at Yale's Haskins Laboratories, and a recently named Guggenheim Fellow. Author of over 100 published articles and author/editor of several books, including *The Oneida Creation Story*, Gick's research spans fields from neuroscience to philosophy, pediatrics to electrical engineering, with the goal of understanding how human bodies and brains create spoken communication.

\*\*\* This song first became popular in the German states in the 1940's with the passing of the restrictive Carlsbad Decrees, which disbanded student organizations, censored the free press, and instigated the removal of reformers and revolutionaries in local governments, and was a popular protest song during the ultimately unsuccessful 1848-49 German Revolution. During the 1930's and 1940's, the songs popularity was revived by Nazi resistance movements.

**Next Sunday Service: July 30, 2017, 11 am**

***The Religion of Robert Ingersoll***

Gary Smook

The seats in the rear of the church are ***reserved***:  
(when facing the front) *left side for parents with babies or small children in childcare, and right side for persons in wheelchairs & strollers*

To subscribe to the email version of the *UCV Events & Order of Service* write:  
*ucvevents@gmail.com* Please include your name.

## **JULY 23, 2017 – TODAY AT UCV**

**CHILDREN'S PROGRAM:** We are committed to providing safe, compassionate, age-appropriate programming for all children and youth who attend or visit UCV. Our goal is to find the Fun with Meaning! Our Summer program is small and laid back, focused on games, gardening, and art led by volunteer guides and parents. Activities are open to both members and visitors. Everyone attends the start of service together through the chalice lighting, opening hymn, and story for all ages.

**After the story children ages 3-12 proceed to the lower level of Hewett Centre for their classes:**

- Chalice Children (age 3-6)
- Origins & Journeys (ages 7-9)
- Sing to the Power (ages 10-12)

**Childcare is available** for children up to age five between 10:45 am and 12:30 pm in Servetus Room on the main floor of Hewett Centre, opposite the library.

**Children and babies are welcome to remain** with their adult family members through the service if they prefer.

**Please meet your child downstairs or in the garden after the service: children under age 9 will remain with the Guides until met by a responsible family member.**

**YOUTH GROUP** Our High School Youth Group (grades 8-12) does not meet during the summer. During the school year our Youth Group is led collaboratively by the youth and trained advisors. They meet weekly to explore issues of faith development, social justice, life experiences, trials, tribulations, and joys of navigating life—through games and small group activities. Other activities include monthly youth sleepovers at the church, Regional UU Youth Conferences, and the UU-United Nations Office (NYC) Spring Seminar on Global Migration in April of 2018. Please contact Olivia Hall ([oliviahmargaret@gmail.com](mailto:oliviahmargaret@gmail.com)) or Kiersten Moore ([dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca)) for more information.

**MEDITATION:** Join us for the Sunday morning sitting meditation at 10 – 10:45 am. There is brief guidance at the beginning of each sit. In consideration of others, please try to come on time. Any inquiries can be sent to [victoriaoginski@gmail.com](mailto:victoriaoginski@gmail.com).

## **OTHER ANNOUNCEMENTS & UPCOMING EVENTS**

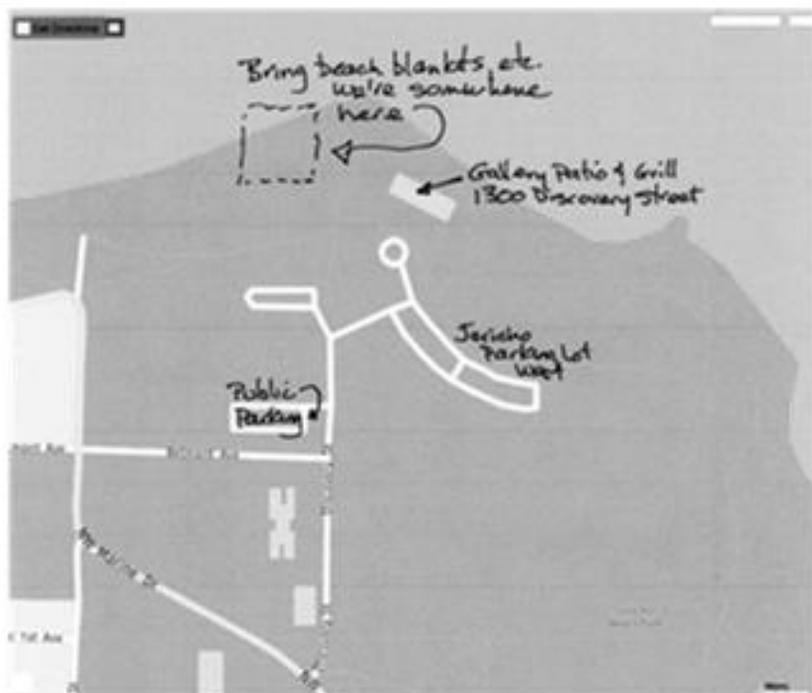
**NEW UCV WEBSITE:** Check our worship service information on our new website! On the Home page, the next service is featured as the first thing you see. Underneath, you'll find a button for "Upcoming Services" where the upcoming month's services are listed and one for "Past Services" where you can find descriptions (and in some cases, the order of service, print and/or audio file of that service.) We have also added a "**Holidays and Traditions**" page describing some of the special services that are done through the year.

**HYGGE GARDEN PARTY & POTLUCK DINNER AT UCV:** July 25 at 6 pm. Come and enjoy "stone soup and stone salad" with some Unitarian friends. We'll have a giant pot of soup and a bowl of salad ready for your additions (and we'll forage on the church grounds for more additions!) Or bring appetizer, bread or dessert to share. RSVP appreciated [ucvhygge@gmail.com](mailto:ucvhygge@gmail.com). August Hygge dinner is full. We're looking for hosts for September-November.

**NEW ART EXHIBITION:** July 5 – August 1, 2017 – Derek Lamarque: “*Through My Eyes*”. Derek is exhibiting digital art prints and linocuts inspired by the environment, colour abstraction and interesting images. He enjoys drawing and has done courses in etching, linocuts and mono-printing. He was born in KwaZulu, South Africa, and studied graphic design for 3 years in art school. He has had a long career as Senior Art Director in Zimbabwe, South Africa, Canada and the US.

**SUMMER VOLUNTEERS NEEDED:** The children’s program is still in need of volunteer guides to engage any children ages 5 and up in gardening, art, and games for the following dates: **July 30<sup>th</sup> (leader and assistant); August 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup> (assistants needed); September 3<sup>rd</sup> assistant needed.** Please contact **Kiersten Moore** at [dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca) if you can help. **UCV’S NEW COMING OF AGE PROGRAM!** Next year UCV will be running a Coming of Age mentorship program for children and youth ages 12-14 where our kids can learn, reflect, and grow. Do you have a child in this age range who wants to spend next year playing games, getting to know their peers, and deepening their understanding of their spirituality? If so, please email Olivia Hall ([oliviahmargaret@gmail.com](mailto:oliviahmargaret@gmail.com)) and Kiersten Moore ([dre@vancouverunitarians.ca](mailto:dre@vancouverunitarians.ca)).

**MOVEABLE FEAST FOR JULY:** Saturday, July 28, 2017 at 6:00 pm. Location: Jericho Beach at the foot of Discovery Street. Food is available at the Galley Patio & Grill. RSVP: Dianne Crosbie [dcrosbie@uniserve.com](mailto:dcrosbie@uniserve.com)



**LAY CHAPLAIN OPPORTUNITY:** UCV Lay Chaplains co-create and officiate at weddings, memorials, child blessings and other rites of passage ceremonies such as house blessings and coming out ceremonies. It's a joyful, loving service to the greater community beyond UCV. It's also a path to personal spiritual growth. The work is demanding but intermittent. It asks for maturity, empathy, imagination, and wholeheartedness. Its benefits are beyond words. For more details about the job's requirements and its blessings, contact Nan Gregory, [nangregory@shaw.ca](mailto:nangregory@shaw.ca), 604-228-1450, or Katherine Roback, [katherinekroback@gmail.com](mailto:katherinekroback@gmail.com), 604-872-0426.

**RENT OUR SPACE!** Are you part of a group who needs to rent space for meetings, concerts, celebrations? Please consider--and pass along--information about our church space. While some times of the year get busy, there's lots of space available over the summer. You can find the rates and spaces available here: <http://vancouverunitarians.ca/ucv/about-us/facility-rental/> Contact Marcus at [info@vancouverunitarians.ca](mailto:info@vancouverunitarians.ca) or call 604-261-7204 extension 0 for more information.

**Saturday, September 23, 2017 (from 5:30 pm)**

*JOIN THE FUN*  
*at the 4th annual*



*- tasty food*  
*- congenial company*  
*- excellent entertainment*

*\$12 tickets (or by donation) on sale after service Sept. 10 & 17  
in Hewett Hall (only 100 available)*

**\* Bring a salad or entré (appetizers & dessert provided)**  
Childcare available (please indicate if needed when you purchase tickets)

**OUTREACH OPPORTUNITIES FUND:** The Overdose Prevention Society (OPS) is the organization to receive funds from OOF from the beginning of June until the end of September. OPS was founded in September 2016 by three women who were concerned about how little was being done about the growing fentanyl crisis in Vancouver. In potential violation of the law, they set up a drug injection site in an alley in Vancouver's downtown Eastside to combat the many overdose deaths and have saved hundreds of lives. Their peer-based services are beneficial to the health authority, to the community, and to the participants themselves and ensure access to health & welfare services to excluded, vulnerable & marginalized people.

## **OUTSIDE ANNOUNCEMENTS**

**ANNUAL VANCOUVER ISLAND UNITARIAN WOMEN'S RETREAT** will be held at Bethlehem Retreat Centre in Nanaimo BC on the weekend of September 15 to 17, 2017. The cost for the weekend is \$265. The workshop is Write Your Life with Lois Peterson and Maggie de Vries. Registration form, with more information is at <http://tinyurl.com/2016NWR> For further information contact Theresa at [tmarion3@yahoo.com](mailto:tmarion3@yahoo.com) or [604-687-4864](tel:604-687-4864).

**CREATIVE ARTS ELIOT CAMP 2017 FOR UUs AND THEIR FRIENDS AND FAMILY:** Did you know that there is an arts-related summer camp run by The Eliot Institute for UUs of all ages in our area (Washington, Oregon, British Columbia, Alaska, and Western Idaho) and their friends and family? *Creative Arts Eliot 2017* will take place at the beautiful Seabeck Conference Center on Hood Canal in Seabeck, Washington from August 12 through August 16, 2017, and will offer opportunities for UUs and friends and relatives to enjoy many wonderful aspects of a multi-generational camp experience. For more information, please contact the Eliot Administrator at [Eliotregistrar@gmail.com](mailto:Eliotregistrar@gmail.com) or visit our website at [www.eliotinstitute.org](http://www.eliotinstitute.org).

*We always welcome feedback on our worship services:*

[worship@vancouverunitarians.ca](mailto:worship@vancouverunitarians.ca), Sincerely, UCV Worship Services Committee

## ***Warm Welcome!***

Please visit our Visitors' Table and get a nametag in the Sanctuary foyer. Drop by the Welcome Table in Hewett Centre after the service and stay for coffee or tea and friendly conversation. Learn about our church and our community. Look for people wearing yellow nametags, who are welcoming you today.

If you are a new family visiting with children or babies, we look forward to welcoming you in person. Free childcare is available for children 3 and under, and children 4 and over are invited to join in this week's program activities. Children are also welcome to stay for the church service if they prefer. If you feel that you need to slip out of the service with a crying baby, please feel free to rejoin the service at any time. The service can also be heard in the foyer and in Hewett Centre.

### **SUPPORT TEAM TODAY**

#### **COFFEE SET UP AND SERVERS**

Raj Pendakur, Pat Johnson

#### **FLOWERS**

Carolyn Innes

#### **LIBRARY AND LITERATURE STALL**

Aphrodite Harris, Hilda Wiebe

#### **ORDER OF SERVICE**

Marcus Hynes

#### **SOUND**

Rob Grieg

#### **GREETERS**

John and Rae Smith, Greg Grant, Gary Smook, Hilda Wiebe

#### **WELCOME AND INFORMATION TABLE**

Diane Brown

### **STAFF**

#### **PARISH MINISTER**

Rev. Steven Epperson

#### **COMMUNITY MINISTER**

Rev. Laura Imayoshi

#### **DIRECTOR OF RELIGIOUS EDUCATION**

Kiersten Moore

#### **CHOIR DIRECTOR**

Donna Brown

#### **MUSIC ASSISTANT TO THE MINISTER**

Elliott Dainow

#### **CASUAL CARETAKERS**

James Wilson, Mark Klassen, Ben Yeung

Paul Nash, Matt Yeung, Igor Santizo, Ken Godmere

#### **CONGREGATIONAL ADMINISTRATOR**

Aurora Eyolfson

#### **OFFICE ASSISTANT**

Marcus Hynes

#### **BOOKKEEPER**

Collene Harris

#### **SUNDAY RECEPTIONISTS**

Virginia Crabill, Robert Schultz

#### **UCV LAY CHAPLAINS**

Nan Gregory, Louise Bunn

## **The Unitarian Church of Vancouver**

### **Our Vision**

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

### **Living Our Vision**

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.