



Meeting on
unceded, traditional
Musqueam land

July 2019



UCV EVENTS

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Worship Services

July 7

Labyrinth or Maze? Reflections

20 Years Later

Mary Bennett

Karen Bartlett and Mary Bennett created a temporary labyrinth and led a worship service 20 years ago. This summer they will reflect on their continuing interest. They'll share the history of the two labyrinths on our site and invite you to use labyrinths as meditation and as metaphor.

July 14

Five Smooth Stones

Samaya Oakley

When David faced Goliath, all he had were five smooth stones. This service looks at the Goliaths we face in our world and illustrates how our living tradition moves from five smooth stones to the five jagged rocks of Unitarian Universalism that helps us to defeat them.

The Rev. Samaya Oakley serves as the Minister for the South Fraser Unitarian Congregation. She has been involved in Unitarian Universalism regionally, nationally and continentally in Unitarian Universalism for over twenty years.

July 21

The Selfish Act of Giving

Ryan Guenther

Charity and volunteering are almost always framed as altruistic actions, with all the focus on how someone else will benefit from our good deed. In fact, we often feel guilty about deriving pleasure from something which is supposed to be selfless. This is completely backwards, doing good should feel good because it's good, and it's okay to admit it. The road to hell is paved with good intentions, but a stairway to heaven can be built from selfish acts.

Ryan Guenther is a former corporate drone, current standup comedian and future author. He grew up in a log cabin and walked a mile through the woods every day to a little red schoolhouse, an upbringing which is both unique and utterly cliché. He has been involved with Unitarian churches since age 10 and is now a member of North Shore Unitarian Church. He has been nominated for a standup comedy award and toured a five-star fringe show to festivals across North America. He is trustworthy and kind to animals.

July 28

We Have Come to be Danced

Sheila Langston

This body. Your body. Your particular body. All that this body has lived through, endured, loved – every breath, every beat of the heart – is a dance. We will listen together to what our bodies have to say, and allow it to expand, to speak, to express itself through movement and music. From wheelchairs, from standing, from sitting in a chair – all bodies are welcome.

Sheila is a Jungian Analyst, Body-Voice Specialist and International BodySoul facilitator. She teaches locally as well as internationally, and leads study groups, dreams groups and workshops in Vancouver.



Forums

All forums take place in the Fireside Room 12:30-1:30 pm. Bring your lunch.

Trans-Mountain Expansion

Sunday, July 7

Facilitator: Karl Perrin, a spokesperson for BROKE, Burnaby Residents Opposing Kinder Morgan Expansion

On June 17 the feds declared "Climate Emergency!", then on June 18 "Let's build another fossil fuel pipeline." Reason? Profit from Tar Sands expansion will fund Tar Sands reduction. But who wants high GHG, high sulphur bitumen? No one. Let's talk. Karl's been fighting the TMX for 7 years. Ready for 7 more?

Registration Open for Harry & UU Summer Camp!

August 12-16 will see Hewett Centre once again transformed into the Great Hall and Hogwarts classrooms. Harry and UU summer camp is theatre in action for kids ages 7-12. There are volunteer leadership opportunities for youth ages 13+ with a Red Cross first aid certificate. To register visit <https://vancouverunitarians.ca/summer-camp-register/>.

This experiential camp is for anyone who loves the adventures of Harry Potter and wishes to explore theatre as social action. Children can expect to make their own wand, create their patronus, taste butterbeer and other magical snacks, participate in lessons of Magic and Sorcery, discover their house and much, much, more!

Every Sunday

9:15 am Chi Gong
10:00 am Meditation
10:50 am Musical Prelude
11:00 am Worship Service
12:15 pm Sermon Discussion

Children's programs (all ages) begin after the story time during the worship service every Sunday.

Coffee and conversation in Hewett Hall before and after services.

Calendar of Upcoming Events – July 2019

ON SUNDAYS

9:15 – 9:45 am	Chi Gong, Meditation Room
10:00 – 10:45 am	Meditation, Meditation Room
10:50 – 11:00 am	Musical prelude in the Sanctuary
11:00 – 12:00 pm	Worship Service, Sanctuary
12:00 – 1:00 pm	Coffee and Conversation, Hall
12:15 – 1:00	Sermon Discussion, at designated table in Hall.

Regulars and newcomers welcome.

ON WEDNESDAYS

10:00 – 11:30 am	Seven UU Principles, Fireside. <i>At capacity</i>
6:30 – 7:15 pm	Meditation, Meditation Room
7:30 – 8:30 pm	Study Group, Meditation Room

EVENTS THIS MONTH

Tue. 2	7:00 – 8:30 pm	Bees Have Something to Say – July's Earth Spirit Circle – Hitschmanova
Wed. 3	6:30 – 8:30 pm	Meditation (6:30 – 7:15), Study Group (7:30 – 8:30) – Meditation Room
Fri. 5	2:00 – 4:00 pm	Women's Group (Daytime) – Fireside Room
Sun. 7	10:30am – 12:30 pm	Truth & Reconciliation Discussion Table – Main Hall
Sun. 7	12:00 – 1:00 pm	CompuTutor – Lindsey Room
Sun. 7	12:30 am – 1:30 pm	Forum – Presented by the Environment Team – Fireside Room
Sun. 7	2:00 – 3:30 pm	World Circle Dance Day 2019 – Fireside Room
Wed. 10	6:30 – 8:30 pm	Meditation (6:30 – 7:15), Study Group (7:30 – 8:30) – Meditation Room
Mon. 15	7:00 – 9:00 pm	Women's Group (Evening) – Fireside Room
Thu. 18	11:00 am – 1:00 pm	GLAD: Gathering for Labyrinth (and Lavender), Art and Dance – Lindsey-Priestley Room
Thu. 25	11:00 am – 1:00 pm	Potluck Book and Lunch Club – Fireside Room
Fri. 26	7:00 – 8:30 pm	Fireside Chat – Fireside Room and Hall
Tue. 30	7:00 – 9:00 pm	Circle dance with Earth Spirit Ritual – Main Hall

OFF SITE

Sun. 14	4:00 – 5:00 pm	Unitarian Feminist Club Book discusses Shrewed by Elizabeth Renzetti – Zoom
Tue. 16	2:00 – 2:30 pm	Connect & Engage Team Check-in – Nusa Coffee Shop, Kitsilano
Tue. 23	2:45 – 4:45 pm	Westside Unitarians Neighbourhood Group – Point Grey Private Residence

We're a Welcoming Congregation!

Vancouver celebrates Pride on the August long weekend. Did you know that UCV was the second congregation in Canada to officially certify as a congregation welcoming to LGBTQ+ folk? Unitarians have a long and proud history of support for human rights including equal marriage.

Newsletters from the Vancouver Unitarians

We send out a monthly update of special events and recent news from our website around the 1st of the month, as well as a mid-month Earth Spirituality newsletter. Sign up on vancouverunitarians.ca. Just scroll down to the bottom right corner!

Contacts

OFFICE HOURS:

Monday to Thursday, 9:30 am to 2 pm.
Friday, 9 am – 1 pm
Sunday, 10 am – 1 pm

PARISH MINISTER

Rev. Dr. Steven Epperson
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Lay Chaplains

Cheryl Amundson, Louise Bunn, Laureen Stokes

BOARD OF TRUSTEES

President: Leonie Armstrong
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Vice-President: Elizabeth Geller

Secretary: Mairy Beam

Treasurer: Cathy Sevcik

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Our Vision

Because we envision a more compassionate world, we seek to deepen our spiritual and religious lives, grow and enrich our congregation, and advocate for love and justice.

Living Our Vision

As Unitarians, we are dedicated to spiritual growth, social justice, and reverence for nature and all life. We embody these values through worship, ethical action, artistic expression, and religious education for all ages that aim to connect hearts, heads, and hands. Our congregation welcomes all ages, orientations, abilities, and identities in our joyous search for meaning.