

Reconnecting to Life

**A two-day workshop to
empower our activism for
environmental sustainability
and social justice**

Gathering in community, we engage heart, mind and spirit in the task of renewing our connections to ourselves, our human community and all life on earth. Through experiencing our full range of feelings about the planetary climate crisis, and deepening our understanding of our interconnection to all life, we find courage and resilience to support us through challenging times. In a safe and transformative group context, drawing on dialogue, ritual, contemplation, experiences in nature (including time outdoors no matter the weather) and a range of creative processes, we explore new ways of seeing and being to support a heart-felt and sustained engagement with the world, and to enhance the energy and gifts we bring to the service of environmental sustainability and social justice. Rooted in the Work That Reconnects, pioneered by eco-philosopher Joanna Macy, the workshop is designed to support us in transforming the climate despair we sometimes feel into sustained, courageous action.

Leaders: Jackie Larkin and Olive Dempsey
(see <https://reconnectingtolife.org/> for more information)
Dates: Friday, May 31 and Saturday, June 1, 2019
Time: 9 am to 5 pm (Vegan lunch provided)
Place: Vancouver Unitarians (UCV), 949 West 49th Avenue, Vancouver BC V5Z 2T1
Fee: \$125

Application:

Name: _____

Mailing address: _____

Email address: _____

Phone number: _____

There will be a maximum of 20 participants. All participants must commit to attending the entire workshop. Workshop places are allocated on a first come, first served basis. Applications received after the maximum is reached will be returned.

Application forms and workshop fees must be submitted to Aurora, the Congregational Administrator (CA), at the UCV office (address above). Payment can be made with cash, cheque, credit card or e-transfer to payments@vancouverunitarians.ca. Contact the UCV CA at ca@vancouverunitarians.ca or call 604-261-7204 to arrange payment if you are not using the mail. Make cheques to “Unitarian Church of Vancouver” and put “Reconnecting Workshop” in the memo line.

Recommended reading before the workshop: *Active Hope* by Joanna Macy and Chris Johnstone (New World Library, 2012).