



UCV EVENTS

Unitarian Church of Vancouver

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JANUARY 2016

Worship Services

January 3

When a Book is Like a Person: Lessons from Book Repair

Rev. Dr. Steven Epperson

While on sabbatical, I took lessons in book repair. As the weeks went by, I was surprised to learn principles from that craft that could well apply to how we should/could be caring for ourselves.

January 10

What We're (not) Talking About, When We're Talking About God

Rev. Dr. Steven Epperson

It can be frustrating listening to people from the fundamentalist ends of the belief/non-belief spectrum when they talk about God: literalism, hyperbole, talking past each other and just sheer ignorance abound. Can we be better informed, measured and helpful in our understanding and use of god-talk?

*Ingathering Singing 10:45 – 11am.
Everyone welcome!*

January 17

Melancholy: When Down Can be Up

Rev. Dr. Steven Epperson

Melancholy literally means "black bile", a description from ancient medicine to describe the universal human experience of chronic sadness.

While it may seem perverse to suggest that there is an upside to down, lessons from the life of the US President Abraham Lincoln suggests that sadness can be an extraordinary source of strength and insight. It's mid-January after all; why not talk about the value of the blues?

January 23

(Some) of Unitarianism's Best Ideas

Rev. Dr. Steven Epperson

Another report from the sabbatical front.
When you sit down and think about it, what stands out in your mind and heart

about Unitarianism? Has it made a real difference in the world? Does it have any distinctive, important ideas to offer? Let's explore a handful of what I think are Unitarianism's best ideas.

This is Bring a Friend Sunday!

Take a chance and invite a friend or neighbour. They may discover they've always been a Unitarian but didn't know it. There will be a short recognition ceremony for those who have recently joined UCV. We encourage all new members to attend. After the service, the New U Committee will be serving Bumbleberry Sundaes with juicy berries picked last summer.

January 31

The Story of UCV's Chinese Name 温哥华寻道会

**Lily Ha, Kwan Lihuen,
and Keith Wilkinson**

How did we come to adopt a Chinese name? Why "*Xundaohui, Seekers of the Way*"? What are the implications of these choices?

There are some interesting stories and perspectives that we'll share with you in this service just before Chinese New Year, year of the monkey.

Guest musician Sonia Liu will play the guzeng, (Chinese zither).

Art Show

Jan 4 – 31

Sanctuary Quilting Queens

Showing traditional to contemporary design for small or large projects. This group has been meeting twice a month for 16 years.

Fireside Room Elizabeth Shefrin

Small quilts reflecting the Arab and Jewish situation

Jan. 31

Final deadline for
Women's Art Show in March

UNITARIAN CHURCH OF VANCOUVER MISSION STATEMENT

We are a community of diverse beliefs and shared values. In fellowship with one another, we seek spiritual growth, social justice, and environmental sustainability through worship, ethical action, education, and artistic expression. We welcome all who would join this compassionate and visionary community.

Sunday Mornings

Schedule

10:00 am Meditation
10:45 am Musical prelude
11:00 am Worship service
Coffee & conversation in Hewett Centre before & after.
12:00 pm Lunch served
12:30 pm Forum in Fireside room
1:00 pm Library closes

Child Care

Children's programs begin after story time in the Sanctuary.



This House of Music "Capping it Off" in style

February 6 7:30 pm

The Unitarian Church of Vancouver has been a spiritual and musical home in the city for the past fifty years. A number of musicians who love this space for its warm ambience and fabulous acoustics are offering an eclectic evening of music, in support of a fundraising campaign to replace our roofs. Performers include: Brian Tate, Richard Tyce, Paul Nash, Stephen Aberle, eRatica, Elektra Women's Choir, Elliot Dainow and the Chalice Choir under the direction of Donna Brown. Advance tickets \$20 online at <http://tinyurl.com/ucvtix> or Sundays in the Hall, \$25 at the door. A reception will follow.

Forums



Sundays 12:30 – 1:30 pm Fireside Room

All welcome! Please feel free to bring in your lunch or beverage.

January 3

Kinder Morgan Pipeline Expansion and NEB Process

Karl Perrin

From January 18 through 29 the National Energy Board will hold hearings in Burnaby.

Find out why Burnaby Residents Opposing Kinder Morgan Expansion (BROKE) are passionate in their opposition. Climate change, tanker spills of dilbit, toxic fumes/smoke, few jobs, earthquake risk, are but a few of their concerns.

Sponsor: Environment Committee

January 10

Annual Program Reports Program Coordinating Council

This Forum will provide an opportunity for programs and committees to provide a verbal report, elaborate on their written Annual Report, and respond to questions and suggestions from members. This will give all the opportunity to discuss programs that a packed AGM did not.

January 17

Meet the UCV Board

President Diane Brown

President Diane Brown and other Board Members will try to answer any questions

Sponsor: UCV Board

January 24

That Lonely Section of Hell

Lori Shenher

Prodigal UCV member and writer Lori Shenher will discuss the announcement of the national inquiry into missing and murdered indigenous women through the context of his book *That Lonely Section of Hell: The Botched Investigation of a Serial Killer who Almost Got Away*.

Lori will share how his journey through depression and anxiety brought on by a post traumatic stress injury led him to embrace his identity as a transgender man and staunch feminist eager to confront a broken police culture and speak out in support of vulnerable women.

Sponsor: Social Justice Committee

January 31

Bolder Ways of Being: We boldly invite you to participate!

**Leslie Kemp, Keith Wilkinson and
CUC conference committee members**

Did you know that the Canadian Unitarian Council's 2016 National Conference will take place at UBC Friday, May 20 to Sunday, May 22? The conference is being hosted by the four Lower Mainland BC congregations. Details: <http://tinyurl.com/cucvancouver> The conference encourages better connections among UUs, greater public awareness and deepening spirituality. Find out how to participate.

UCV Covenant Groups

Groups of 5 – 10 people meet to explore questions of a spiritual, soulful and ethical nature in an atmosphere of respect, confidentiality and non-judgment. Three different groups meet from 1 – 2:30 pm at UCV on the 2nd, 3rd and 4th Sundays, Jan – Jun 2016. There is room for newcomers. Contacts: Nan Gregory nangregory@shaw.ca, Keith Wilkinson kwilk1@telus.net or George Atherton notrehta@gmail.com

New Covenant Group to Explore Thoughts And Feelings related to climate change (Co-Sponsored by Beacon Climate Change Task Force and UCV Covenant Groups.) The group will meet on the first Wednesdays of the month (Jan 6, Feb 3, Mar 2, Apr 6 and May 4), from 6:30 – 8 pm at Waves coffee shop on Columbia (715 Columbia) in New Westminster, two blocks from the New West Skytrain Station. Contact teresa.a.morton@gmail.com or 778-855-1704.

UCV Committees

OPEN TO ALL

<http://vancouverunitarians.ca/ucv/committees-groups/>

Arts Committee

Meets 3rd Sundays 10:30 am, Lindsey-Priestley.

Contact Caede Pungente or Chris Pearce
pungente_1@hotmail.com
ppearce@shaw.ca

March Women's Art Show Planning

Mary Bennett

Environment Committee

Meets 2nd Sundays 12:30 pm Lindsey-Priestley
Mary Lage 604-435-9265

mlage@shaw.ca

Library Committee

Meets 1st Mondays 2 pm Fireside David Buchanan

davidfbuchanan@gmail.com

Refugee Committee

Meets 4th Sunday 12:30 pm Biddle Virginia Crabill 604-731-1730

inari47@gmail.com

Julia Myers - at Thrift Sale Table Sundays

Social Justice Committee

2nd Sunday 9:30 am Biddle Jenny Podlecki 604-737-7794

jpodlecki@shaw.ca

Leslie Kemp 604-738-1653

lkemp@telus.net

Pagan Committee

Contact Corina Bye

deltadoula@gmail.com

UCV CONTACTS

Adult Religious Education

Rev. Steven Epperson

rev@vancouverunitarians.ca

Buildings and Grounds

Buildingsandgrounds@vancouverunitarians.ca

Partner Church Committee

Alison Pearson

alisonpearson1@shaw.ca

Worship Services Committee

Way Kent, Chair

worship@vancouverunitarians.ca

SUNDAY COMMUNITY LUNCH

Sunday lunches promote fellowship and help raise funds for church initiatives.

Committees, groups and individuals volunteer to prepare and serve lunch!

Please join us for a delicious meal in Hewett Hall following Sunday service.

To host a fundraising lunch or to help out please contact Ben Hechter.

ben_hechter@yahoo.com

NEW FOR 2016

Bridge Group

Jan. 5 (1st Tue.), 7 – 9:30 pm

Fireside

Friendly bridge for UCV members. All levels welcome, but you should know the basics of play. Contact Donna Brown. quinnbrown44@gmail.com

Jung Study Group

Jan. 13 (2nd Wed.)

Hitchminova

A new, once-a-month book club that begins by working through successive chapters of Jung's *Four Archetypes*. Sandra Slade 604-277-1925 sandra.slade@gmail.com

Truth, Healing and Reconciliation

Rev. Meg Roberts and Leslie Kemp

Tue. Jan. 12 – Feb. 2

7:00 – 9:30 pm,

Fireside

Learn about colonization, the Indian Residential School System, and its impact on our history and present day life. Based on the Canadian Unitarian Council *Reflection Guide*. Please commit to attending all sessions.

Register with Tara: 604-261-7204

<http://cuc.ca/truth-healing-reconciliation>

Art, Labyrinth & Circle Dance

Mary Bennett and Darlene Rainbow

Jan. 15 (3rd Fri.), 2 – 4pm

Hewett Hall

Join us for a meditative and creative Friday afternoon experience.

Active Hope Book Study Group

Wed. Jan. 27, Feb. 10, 24 and

Mar. 9, 7 – 9 pm

Fireside

Discussion of *Active Hope - How To Face the Mess We're in Without Going Crazy* by Joanna Macy and Chris Johnstone. Prerequisite: read the chapters in advance. Registration required: 604-261-7204 tara@vancouverunitarians.ca. Sponsors: Environment and Social Justice Committees. Contact: Lynn Armstrong, lynnbea@gmail.com 778-835-2546.

Regular Events

Meditation

Sundays 10 – 10:45 am

A brief meditation guidance followed by silent exploration.

Wednesdays 6:30 – 8:30 pm

Meditation, followed by discussion of a Buddhist text. Victoria Oginski victoriaoginski@gmail.com

Third Sunday Book Group

Jan. 17 12:30 – 1:30pm

Lindsey/Priestley

This month: *All My Puny Sorrows*, the award winning novel by Miriam Toew. Judy Villett jvillett@hotmail.com

Sacred Circle Dance

Dances are taught and reviewed each time. No partner or experience needed.

Jan. 5, (1st Tue.) 7 – 9 pm, Hall

Hope and Beginnings: Circle dance and poetry facilitated by Leslie Kemp and Denise Nereida. As the light returns and a new year beckons, please join us.

Jan. 11 (2nd Mon.) 7 – 9 pm, Hall

Denise Nereida, ditzah@telus.net

Seven UU Principles*

Wednesdays 10 – 11:30 am Fireside

Here we can learn from each other how Unitarian principles can help us in everyday life.—George Atherton notrehta@gmail.com

*registration required

Interactive Theatre

Rev. Meg Roberts and

The Theatre for Living Practice Group

Sat. Jan. 9, 10 am – 1 pm,

Hitschmanova

We practice techniques in interactive, improvisational theatre. Wear comfortable clothes. RSVP, please. 778-870-9015. mroberts@uuma.org.

Laughter Club

Wednesdays 5:15 – 6:15 pm Fireside

Laughter strengthens the immune system, gives your internal organs a massage, and is a great stress reliever. Gerda Schulz, 604-737-9050

Unitarian Pagan Group

1st & 3rd Wed. 7 – 9 pm Fireside

We affirm “earth-centred spiritual traditions” as one of our six sources.

Corina Bye, deltadoula@gmail.com

Jung and Film

Last Friday Jan. 27 6:30—9 pm

Hitschmanova

Watch a film together and then discuss. Soup is provided. Suggested donation \$10.

Film: A Dangerous Method

Karen Bartlett karen.bartlett@ubc.ca

**Messy ChUrch
MAKE Dinner UU Style!**

Fri. Jan. 8, 6 – 9 pm

2nd Friday, Hewett Hall
UU Style! Low-tech activities. Very Participatory! Food! All welcome!

Quiz night for all ages.

Suggested \$5 donation. Morgan Reid.

morgan@vancouverunitarians.ca

Last Friday Café

Fri. Jan. 29 5 – 7 pm

Fast Food for Thought

LinkedIn And left to our own devices

7 – 9 pm. Open Mike: My Word – Dead and Read Poets. With a little Karaoke too
Randall MacKinnon: 604-263-4332

RandallMackinnon@yahoo.ca

January Circle Dinner

Sat. Jan. 16, 6 pm

This is a potluck event hosted in members' homes, generally with 6 – 8 people attending. Get to know people more intimately and share food and conversation. Contact Theresa Marion, 604-687-4864 or tmarion3@yahoo.com.

Writing Our Way

Sat. Jan. 16, 1 – 4 pm Hitschmanova

Come and write in a small, supportive group and talk about writing.

Mary Bennett.

maryinvancouver@gmail.com

Hatha and Yin Classes

Mondays Jan. 18 -Feb. 29 7 – 8:30 pm

Fireside

Includes: brief opening meditation, basic Pranayama (breathing practice), both Yang and Yin postures and Savasana.

Philippa Syme appili@shaw.ca

604-222-1533. \$70 for 7 classes /\$15 drop-in. No one turned away due to lack of funds.



CALENDAR

Weekly

SUNDAYS

10:00 – 10:45 am	Meditation, Meditation Room
10:45 – 11:00 am	Musical prelude, Sanctuary
11:00 – 12:00 pm	Worship Services, Sanctuary
12:00 – 1:00 pm	Coffee and Conversation, Hewett Centre
12:30 – 1:30 pm	Forum, Fireside

WEDNESDAYS

10 – 11:30 am	Seven UU Principles, Fireside
5:15 – 6:15 pm	ARE: Laughter Club, Fireside (not Wed. 6)
6:30 – 8:30 pm	ARE: Meditation Class, Meditation Room

January

Sun. 3	6 – 9 pm. Women's Winter Gathering, Hall
Mon. 4	Office re-opens at 9:30 am.
Tues. 5	7 – 9 pm. ARE: Sacred Circle Dance, Hall
Wed. 6	7 – 9 pm. ARE: Pagan Group, Fireside
Fri. 8	6 – 9 pm. Messy ChUrch + MAKE Dinner, Hall
Sat. 9	10 – 1 pm. ARE: Interactive Theatre, Hall
Mon. 11	7 – 9 pm. ARE: Sacred Circle Dancing, Fireside
Wed. 13	7 – 9 pm. ARE: Jung Study Group, Hitschmanova
Fri. 15	2 – 4 pm. ARE: Art, Labyrinth and Circle Dance, Hall
Sat. 16	1 – 4 pm. ARE: Writing Our Way, Hitschmanova
Sun. 17	12:30 – 2 pm. UCV Book Club, Lindsey/Priestly
Mon. 18	7 – 8:30 pm. ARE: Hatha/Yin Yoga, Fireside
Wed. 20	7 – 9 pm. ARE: Pagan Group, Fireside
Thur. 21	5 – 6:30 pm. Eat, Meet, and Write, Fireside
Mon. 25	7 – 8:30 pm. ARE: Hatha/Yin Yoga, Fireside
Wed. 27	6:30 – 9pm. Jung and Film, Hitschmanova
Fri. 29	5 – 9 pm. Last Friday Café, Fireside

Women's Winter Gathering Sunday, January 3, 6-9pm Hewett Hall

Unitarian women and their friends will gather for a potluck feast, sacred circle dance, a group art project and time and space to reflect on the year past and look forward with anticipation to the coming year. RSVP requested. <http://women-friends-2016.eventbrite.ca>. Bring an unwrapped recycled reusable gift for exchange. Any extra items will be given to Refugee Committee. Any financial donations will be for the UCV Labyrinth fund. Mary Bennett maryinvancouver@gmail.com

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To subscribe to UCV EVENTS and weekly Order of Service,
email ucvevents@gmail.com

UNITARIAN CHURCH OF VANCOUVER

OFFICE MON – THU 9:30 AM – 2 PM

Parish Minister

Rev. Dr. Steven Epperson

Minister Emeritus

Rev. Dr. Phillip Hewett

Community Minister

Rev. Laura Imayoshi

Lay Chaplains: Nan Gregory,
Nicola Hamilton, Sherry King

BOARD OF TRUSTEES

President: Diane Brown

president@vancouverunitarians.ca

Vice-President: Margaret Fletcher

Secretary: Karen Bartlett

Treasurer: Patrick Dubois

Past President: Patti Turner

Members-at-Large: Cindy Cashin,
Julia Myers, Jennifer Podlecki, Paul
Prescod, Kathy Sayers. Nom.: Olivia Hall

STAFF

Office Assistant/Bookings

Tara MacNiven

tara@vancouverunitarians.ca

Congregational Administrator

Ravina Sangara

ravina@vancouverunitarians.ca

Religious Education

Morgan Reid

morgan@vancouverunitarians.ca

Youth Coordinator: Olivia Hall

Choir Director: Donna Brown

quinnbrown44@gmail.com

Music Assistant: Elliott Dainow

elliottdainow@yahoo.com

Caretakers: James Wilson, Bruce
Murray, Matt Yeung, Ben Yeung

VOLUNTEER ROLES

Sunday Office Reception 10 am-1pm

Virginia Crabill, John Omielan,
Robert Schultz, Randall MacKinnon.

If you can volunteer one Sunday a month,
please contact Tara MacNiven

tara@vancouverunitarians.ca

Forum Coordinator

Mary Bennett

maryinvancouver@gmail.com

Program Coordinating Council

Randall MacKinnon 604-263-4332

Unitariancv@yahoo.ca

Coffee & Tea Service Coordinator

Adele 604-603-8593

Ah.dell@hotmail.com

Lunch Coordinator

Ben Hechter 604-435-0255

ben_hechter@yahoo.com